

2020 DANCE WORKSHOP GUIDE



Welcome to the Dance Workshop

St. Olaf College (STO) wants to welcome you to the hill and the St. Olaf Dance Workshop. We hope your workshop experience will be great – and knowing what to expect and the rules for St. Olaf Summer Camps will help you get off to a good start. Please review the information below. It is designed to answer your questions about what to expect at the workshop, what to bring for the week and what you need to know once you're on the hill.

If you have questions, please contact us by phone or email – 507-786-3031 / summer@stolaf.edu.

- CHECK-IN**
- ♦ Workshop fee must be paid in full by May 1.
 - ♦ Check-in is between 2:00 pm and 3:00 pm on Sunday in the assigned residence hall.
 - ♦ At check-in students will get their room assignment and have some time to unpack.
 - ♦ Students who need to arrive after check-in should notify the camp office in advance.
- CHECK-OUT**
- ♦ Prior to breakfast on Thursday students will pack, clean, and clear out of their room.
 - ♦ After packing, students must empty the trash and leave the room exactly as they found it upon check-in; with the pillow and folded blanket left on the bed. Bed linens and towels should be left inside the pillow case outside the door.
 - ♦ Damage to the room will be assessed to the student(s).
 - ♦ Parents are welcome to arrive early to load students' belongings before the start of showcase. Parents and students also have the option to return to the dorm and pick up belongings at the conclusion of the showcase.
 - ♦ Dance showcase will begin at 2:00 pm with an estimated end time of 3:00 pm.
- TRANSPORTATION**
- ♦ Students needing shuttle service to and from campus can email the camp office for local transportation options.
- COMMUTERS**
- ♦ Some of the information contained in this guide applies only to residential students, but we hope it will answer commuters' questions as well.
 - ♦ Commuters should follow the same check-in procedures and go to the assigned residence hall.
 - ♦ Daily arrival and departure must be arranged with the workshop staff.
 - ♦ Commuters are expected to be at the pool during their assigned times. They are encouraged and welcome to participate in the evening, special activities.
 - ♦ If for some reason students are going to arrive late or must leave early, it is very important they notify the camp office in advance.
 - ♦ Commuter fees include daily lunch and dinner.
- IF STUDENTS DRIVE TO CAMP**
- ♦ If students drive to the workshop and plan to park their car on campus for the week, they need a temporary parking permit and must leave their car keys with the instructor. Failure to display a parking permit could result in towing at students' expense. If they must leave the workshop for any reason, an email from the parent/guardian must be submitted to the camp office.

LEAVING CAMPUS

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- ♦ If a student must leave campus during the workshop, an email from the parent/guardian must be submitted to the camp office. The email must state the reason for departure, identify the person who will be responsible for the student during their absence, and state the estimated time of return to the workshop.

DAILY SCHEDULE

- ♦ The official, daily schedule will be available at check-in. Any changes will be discussed accordingly.

WHAT TO EXPECT

-RESIDENCE HALL

- ♦ Residence hall rooms are accessed by key, which will be issued at check-in. Students will also be given an access/meal card to be presented at the dining hall before each meal and which will give them access into their assigned hall. Students are responsible for keeping track of their room key and access/meal card at all times. A lost key will result in a \$100 replacement fee, a lost or damaged card will result in a \$10 replacement fee. All fees must be paid prior to check-out or departing campus.
- ♦ Residence hall rooms will be equipped with two single beds.
- ♦ Students, unless they request a roommate, can expect placement with another student of similar age and same gender.
- ♦ Students must sleep in the room to which they are assigned. Students found outside of their assigned rooms after lights out may be sent home.
- ♦ All students are expected to follow camp rules and room curfew for lights out (quiet hours). For the comfort of all, quiet hours are between 11:00 pm and 7:00 am.
- ♦ Outside of check-in and check-out time, the only individuals that may be present in a residential hall are the students, workshop counselors, and camp administrators.
- ♦ Each residential student will receive a linen packet with sheets, pillow case, bath towel, and washcloth, along with a blanket and pillow on the bed.
- ♦ All residence hall rooms have a small refrigerator and microwave unit. Students may use these if they are cleaned after use and returned to their initial state upon check-out.
- ♦ Students, as guests, are responsible for keeping their room neat and orderly. All guests and visitors of St. Olaf College are expected to respect the buildings and furniture – and will be responsible for the cost of any damage or excessive custodial cleaning.

-TELEPHONES

- ♦ Students bringing cell phones or other electronic devices are required to silence and put them away during workshop activities.

-INTERNET ACCESS

- ♦ Free Wi-Fi access is available throughout campus.
- ♦ Public computers are available to students to keep in touch with family and friends, though free time is limited.

WHAT YOU WILL

RECEIVE WHEN YOU ARRIVE

- ♦ Each student may receive a water bottle and T-shirt.

WHAT YOU SHOULD

BRING FROM HOME

- ♦ Personal care items such as shampoo and toothpaste. If student forgets anything, the bookstore will be open on Monday and they stock most essentials.
- ♦ Medications or inhalers if they need them. Students can keep these with the

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- ♦ counselors if they wish. Refrigeration is available.
- ♦ **Optional:** Students own pillow, water bottle, or sports bag.
- ♦ **Optional:** A small notebook and pen/pencil, snacks, and a towel to dry off during or between classes
- ♦ **Optional:** Spending money for snacks, pizzas, vending machines or bookstore items. Change will not be available.
- ♦ **Optional:** A fan, reading light or alarm clock.

ATTIRE

- ♦ Daily attire is casual, and weather can range from cool to hot and sunny to rainy, so pack accordingly.
- ♦ Dance studios are air conditioned, therefore dress in layers and follow the dancewear and shoe requirements per the class specifications.

-BALLET CLASS

- ♦ Students are required to wear leotards and tights (any color leotard and white, pink, or black tights), or a plain T-shirt or tank top and tights or biker shorts. No ballet skirts. No loose-fitting T-shirts or baggy pants. All students are required to wear ballet slippers (any style or color). Long hair must be secured away from the face. Large, dangling jewelry must be removed before class.

-MODERN CLASS

- ♦ Students must wear clothing which allows total freedom of movement yet doesn't conceal students' joints works best for modern class. Therefore, they are required to wear dancewear, which includes: leotards, tights, stretch pants, wide legged dance pants, tighter fitting T-shirts, or tank tops. No socks or shoes in class. Pants must not extend below the ankle for safety reasons. No loose-fitting T-shirts. Nothing tied around the waist. Long hair should be secured away from the face. Please remove large, dangling jewelry before class. Instructors highly suggest wearing kneepads for the class if students own them; otherwise the dance department has kneepads students can borrow.

-HIP HOP CLASS

- ♦ Students must wear clean sneakers that have not been worn outside.

-INTERNATIONAL/ WORLD/SOCIAL DANCE CLASS

- ♦ Students must wear either jazz shoes or character shoes.

-TAP MASTER CLASS

- ♦ Students who own tap shoes should bring them to the workshop. If students do not have tap shoes, please send shoe size to klopchin@stolaf.edu to check availability of a loaner pair for the master class.

WHAT NOT TO BRING FROM HOME

- ♦ Students do not need to bring bedding.
- ♦ It is encouraged and recommended to NOT bring any valuables to the workshop. Student and their roommate will have keys to lock your room, but things can get lost or broken and if that would be unbearable, just leave it at home.

POLICIES & PROCEDURES

-CAMP POLICIES

- ♦ Policies are to help ensure the safety and comfort of all guests on campus. Breaking

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rules could mean an early trip home.

-WAIVERS

- ♦ The Parent, Behavioral and Transportation Waiver can be found on the camp website.

-STO PROHIBITS

- ♦ Alcoholic Beverages & Other Drugs: Students are prohibited from possession or consumption of alcoholic beverages and/or illegal drugs. Students found in possession of alcohol or illegal drugs will be sent home immediately.
- ♦ Smoking/Vaping: Smoking/Vaping is prohibited for all students. Violators will be sent home immediately.
- ♦ Firearms & Fireworks: Firearms, other weapons and fireworks are not permitted on campus.
- ♦ Pets: Pets are not permitted in any buildings on the St. Olaf campus.

-FIRE ALARMS

- ♦ Tampering with fire systems or fire safety equipment will result in a fine of \$1,000.

-WINDOW SCREENS

- ♦ Dormitory window screens may NOT be removed. A \$100 fine will be assessed to any person removing a screen.

-HEALTH INFO

- ♦ Students that have special concerns, needs, requests, dietary restrictions or are taking prescription medication, please notify the camp office in advance via email.

-VISITORS

- ♦ Visitors will not be admitted into the residence hall. Parents/Guardians, please notify student and camp office in advance if a visit is planned.

-MESSAGES TO

CAMPERS

- ♦ Parents/Guardians wanting to leave a message for student, please email the camp office indicating caller name, campers name, phone number and detailed message.

-MAIL

- ♦ Mail to students should be addressed as follows:
Student Name, Name of Camp, St. Olaf College, 1520 St. Olaf Ave., Northfield, MN 55057-1098.
- ♦ Mail will be delivered to students daily.
- ♦ If sending an urgent package, please notify the camp office in advance so that we can assure that it is delivered as soon as we receive it.
- ♦ Mail received at the conclusion of the workshop will be returned to sender.

-EMERGENCY AFTER

HOURS MESSAGES

- ♦ In case of an emergency ONLY, dial 507-786-3666 for campus security.

STO PUBLIC SAFETY

- ♦ Public Safety officers are on duty 24 hours per day.

FINAL THOUGHTS

- ♦ We love St. Olaf Summer Camps – and we want students to love them too, so be sure to call or email us if there are any questions.

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