

STUDENT CARE. TOGETHER.

I HAVE SYMPTOMS

How do I know if they are Covid-19 related?



SCAN ME

I MAY HAVE BEEN EXPOSED

How is a close contact defined?



SCAN ME

I TESTED POSITIVE FOR COVID-19

I have received a positive test from outside the St. Olaf testing program (through your employer, healthcare provider, etc.) — what do I do now?

STEP 1

SELF-ISOLATE + COMPLETE THIS FORM:

Stay in your room

Don't attend class or participate in activities.
Monitor your temperature and other symptoms.



SCAN ME

STEP 2

I HAVE COVID-19 SYMPTOMS



TESTING AND RELOCATION

Contact tracing will call you and facilitate testing. You will be moved to isolation while you wait for test results and your roommate and all of your close contacts will need to quarantine



CONTACT HEALTH SERVICES + QUARANTINE

Call 507-646-6523.
Report your symptoms.
Will schedule an appointment if needed.

I AM A CLOSE CONTACT



14 days from last exposure regardless of your test result (you cannot test out of quarantine).

I HAVE A POSITIVE TEST



RELOCATION AND ISOLATION

10 Days

You will be moved into an isolation space and your roommate and all of your close contacts will begin quarantine. Meals and other support will be provided.

STEP 3

NEGATIVE TEST



MONITOR

Continue to monitor your symptoms and follow the direction of health services.

POSITIVE TEST



ISOLATION

10 days