



REPORTER

In This Issue

A Note from the Director
page 2

Meet New ETS Advisor
page 2

Study Skills
page 3

Tutoring Resources
page 4

Alumni Spotlight
pages 5 - 6

**Upcoming Events/
Field Trips**
page 6

**Mentor Update &
ACT Test Dates**
page 7

Open Houses / Meet the Teachers Events

By: Anna Schmid, Academic Advisor

In late August, we attended the Meet the Teacher events at Community of Peace Academy (CPA) and held open house events at Northeast Middle School (NEMS), Humboldt High School, and Edison High School. This was the first year TRIO ETS advisors attended the high school and middle school Meet the Teacher events at CPA. We will serve all the CPA middle school students for the 2024-25 academic school year as we move forward. It was so exciting to be reunited with our schools' communities again and get the opportunity to see our students and meet with families!



A Note From Our ETS Director, Juan Telles

Welcome to the 2024 - 2025 school year! We are excited that the TRIO Educational Talent Search (ETS) program is entering its 34th year in partnership with St. Olaf College. This long-standing collaboration is a testament to the credibility and success of our program. We hope you had a fantastic summer, are recharged, and are ready to start the new school year.

This year, the TRIO ETS team is excited to connect with the students through workshops, field trips, and individual check-ins. The partnership with Minneapolis Public Schools, Edison High School and Northeast Middle School, and Saint Paul Public Schools, Humboldt High/Middle Schools and Community of Peace Academy High/Middle Schools. Our partnerships are growing each year as we try new ways to collaborate at each school, have events that focuses on college or career readiness, and partnering at school events to be present for the students and their families.

The TRIO ETS team is also ready to provide a comprehensive range of support including classroom presentations, small-group workshops, academic advising, financial aid/financial literacy events, virtual and in-person college visits, access to our mentor programming, online tutoring, and much more. We are here to ensure the students have all the tools and resources they need to succeed.

We are here for you - let us know how we can support you!

Hello TRIO ETS Family!

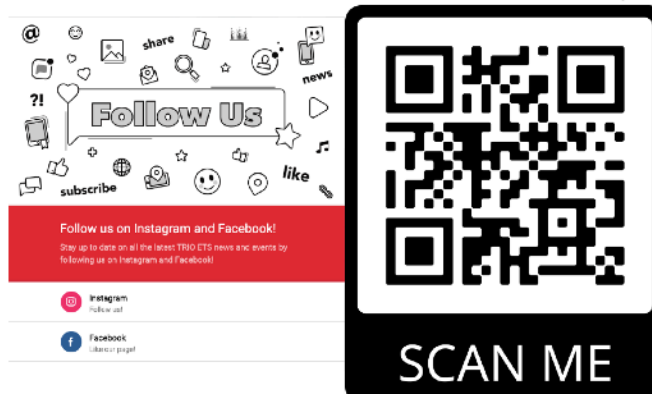
My name is Joe Barthel. I have been lucky enough to be asked to join the St. Olaf College TRIO ETS team as the new Administrative Assistant on campus. While you will probably hear from me throughout the year, I look forward to meeting those participating in the awesome events the TRIO ETS Advisors have planned for the 2024-2025 school year!

Whether it's field trips, campus visits, or seeing you out at the different college visits and college fairs, I am eager and ready to help you all become a part of this devoted team based at St. Olaf!

My past experience helping students in higher education includes teaching, advising, volunteering for the College Access Core as part of AmeriCorps, college outreach, community engagement, and a bunch of other stuff that I hope to bring to the table.

I have been lucky enough to do this work, which I am passionate about throughout the U.S. and around the world. I am getting settled into the St. Olaf and TRIO community, and I could not be more excited to start the school year!

Follow TRIO ETS On All Our Social Media Pages!



Use your Cell Phone Camera to Scan the QR Code and follow us on Instagram and Facebook!

Study Skills

By: Junior Avalos, Academic Advisor

Organization

Staying organized will help you stay prepared for any upcoming tests/exams and will also help you know where older notes and materials are. Use a planner to help you stay organized in a timely manner. You won't be spending much time looking for information anymore!

Note Taking

Write down questions or comments that you may have about the material that you are learning. Refer back to your notes and connect concepts that you have learned. Make sure you are able to go back to your notes and be able to understand it. When tests/exams come you'll be able to look back at your notes and review them!

Study Location, Different Locations

Finding a location that you are allowed to study in will help you stay focused. Everyone likes to study in different settings and you know yourself best. Try studying in different environments to know what's best for you! Examples of this could be a quiet place at home, the library or somewhere with moderate noise like a coffee shop. You will be more productive in certain environments!

Time Management

Being able to use your time effectively will help make learning much easier. It allows you to know your schedule ahead of time and also helps you plan for the future. It also helps you prioritize what you need to get done first! This will help outside of school when you have to figure out a time to do homework.

Taking Breaks

Breaks are always needed otherwise it will fry your brain and you won't be retaining the things you learned. Breaks give you the opportunity to relax and do something other than studying. Take a break by finding something to snack on, taking a stroll or just drinking water and stretching.

Think/Be Positive

Always think about the pros and not the cons. Having a good and positive attitude will help you be more successful. Staying positive will keep you on track and keep you focused on your work.

Switch Between Studying Different Topics

Being able to rotate between different subjects will help you connect it to other subjects. It also gives you the opportunity to relax from the subject and refresh your mind on something new.

Ask, Explain, Connect

Ask yourself why this topic is important. Explain to yourself and others what it is used for and how it could impact you. Connect it to a real life situation and know that the things you are learning are important. Don't be afraid to ask questions!

Words and Visuals

Find words that you can easily associate with a visual, something that you see that would help you remember the concept. Examples of this would be the essay format! I associated this with a hamburger because the top bun would be the introduction paragraph, the meat would be the body/supporting paragraphs and the bottom bun would be the conclusion!

Get FREE Homework Help



Tutoring Resources

Hello TRIO ETS Scholars! Do you want FREE, ANYTIME, ANYWHERE, ANONYMOUS homework or classwork help???

We are excited about our tutoring resource! This is a great resource that is FREE because you are a TRIO ETS student. At [tutor.com/stolafets](https://www.tutor.com/stolafets), you get:

- One-to-one anonymous homework help and tutoring online
- Availability 24-hours/ 7-days per week, online and on-demand access to get connected with an expert tutor

- Over 200 subjects are available including Math, Science, Computer Science, Social Studies, Language Arts, Foreign Languages, AP (Advanced Placement), & more
- Bilingual tutoring (Spanish & English) available for math, science and social studies
- Drop-off review service for writing assignments and self-study practice quizzes

Your username is the first half of your email address. Example: my email address is **schmid22@stolaf.edu**, so my username is **schmid22**

Password: Your password is **trioets & TrioTs91**

Login and check out the website: www.tutor.com/stolafets

Do not hesitate to email your TRIO ETS Academic Advisor with any questions you may have

For the TRIO ETS video and more info check out the student and parent resources tab on our website <https://wp.stolaf.edu/ets/student-parent-resources/>

See Youtube playlists to learn more about how to use the different functions of [tutor.com/stolafets](https://www.tutor.com/stolafets):

- [Student and Parent playlist](#)
- [Student Playlist](#)



ETS Alumni Spotlight

Preferred Name: Ywa Hso

High School: Humboldt Senior High Class of 2022

College: St. Olaf College Class of 2026

Pronouns She/Her

When did you start participating in TRIO ETS: Since high school and continued to volunteer as a mentor

Do you feel that TRIO ETS helped to prepare you for college? If so, in what way?

Definitely! TRIO ETS started by having informative sessions about college admissions, finances, work study, and so much more that gives you an insight about what kind of colleges and programs you would be interested in. I was able to receive help filling out important paperworks that was quite challenging and as a first generation incoming college student, we are often not equipped with enough information by ourselves. Overall, I was able to obtain resources about college that gave me anticipation of going into college. I am grateful for this as it was a huge starting point for transitioning into college.

What has been the biggest challenge in college so far?

As a First Gen student, I felt like the transition to college was difficult in a way that I had realized my background and high school experience were so different from the other students. The academic coursework was more challenging than high school. I experienced problems with self esteem in comparison to other students. There are definitely things I could have done in high school to prepare for college. However, I do acknowledge that everyone can come from an education that may set different expectations and students often fall into the curve of how the system is set up. Nonetheless, with this challenge, I knew that the only thing I could do was to persevere and keep going. There are so many resources in college for students to utilize and that would be the most important thing when it comes to challenges in college.

What made you pick St. Olaf College?

I picked St. Olaf because of the student population size. With a smaller school, you would have more opportunities to communicate with professors due to the class ratio. I also picked the school because of the distance from my hometown. It was not too far but it wasn't close either. I knew that I wanted to experience college dorm life and independence. At the same time, it was not too far and I could still go back home sometimes if I needed to help my family and friends.

What activities/organizations do you participate in?

I am part of the executive board in the K'Nyaw Students Organization. It is a multicultural club that I am excited to work with for the year to come. I also participate in other multicultural clubs as it is a great way to meet other students and learn about the diversity of the campus. I also participate in dances and performances for campus events as well.

What advice do you have for high school students?

High school students often have questions about what college is like and it is good to be curious. Whatever your concerns for college may be, please do not hesitate to talk to your advisors, counselors or staff in college prep programs. They are here to help you and there are no questions that are dumb! College is hard but it does not mean you can't do it. You just have to try your hardest and make good choices and students learn this throughout college. Do not be afraid to try something new. While you are still in high school, it is a good idea to start building and establishing good habits that can prepare you for college. Bad habits can be challenging to break but good habits can be easy to form! And Lastly, I personally believe that college is really what you make of it. It is your principles and work ethics that can influence your experience in college.

ETS Alumni Spotlight

Preferred Name: Angelo Wilson

High School: Humboldt Senior High Class of 2023

College: St. Olaf College Class of 2027

Pronouns: he/him

When did you start participating in TRIO ETS:

I started participating in the 7th grade at Humboldt



What has been the biggest challenge in college so far?

My biggest challenge at St. Olaf was understanding how to be comfortable outside my comfort zone. Northfield and Saint Paul are drastically different cities filled with many kinds of people, but I've overcome that and love it here!

What made you pick St. Olaf College?

I wanted to go somewhere where I could continue playing sports and get a top-tier education. St. Olaf was the perfect spot for me.

What activities/organizations do you participate in?

I play football.

What advice do you have for high school students?

Take it seriously! All the work you put in will show up when you get into school, ahead of credits and low or no tuition! Remember to have fun as well, though!

Please wish our excellent ETS Alumni Ywa Hso & Angelo Wilson well as they begin their year at St. Olaf College!

Upcoming Fall 2024 Events, Field Trips, and/or College Visits

All Schools: Events, Field Trips, and/or College Visits

- MEA Break St. Olaf College Visit: Thursday, October 17, 2024
- National College Fair Field Trip: Wednesday, October 23, 2024
- Physics Day @ St. Olaf College: Thursday, December 5, 2024

Introducing Another Wonderful Start to the TRIO Educational Talent Search Mentoring Program

By: Anna Schmid, Academic Advisor

TRIO Educational Talent Search is hosting our mentoring program at two of our four schools this year—Humboldt High School and Community of Peace Academy. We plan to serve both middle school and high school students this year in our St. Paul schools. We have started training our St. Olaf mentors, which they'll complete before pairing them with our wonderful TRIO ETS scholars.

Once again, we are using the same digital mentoring program model via Google Classroom to allow St. Olaf college students to participate as mentors while they are studying abroad. This is a great opportunity for our college students to get involved with TRIO ETS and volunteer their time while abroad. It also allows our ETS students to have consistency in mentoring interact with college students to continue learning about the possibilities of continuing their education.

Mentors and mentees correspond via digital letter writing once per month. In their letters, mentors share information about college, how you should prepare for it, and the transition from high school to college life. We plan on hosting three field trips this year. For the first time since the pandemic in 2020, we plan on bringing the St. Olaf Mentors into the St. Paul schools to spend the day with their mentees in either of their St. Paul schools early in the school year. We will continue to have the mentees and mentors participate in a service/cultural activity field trip in the fall semester. In the spring, mentees will visit St. Olaf to meet mentors and tour the campus.

We are excited to see what this year has in store for the St. Olaf mentors and the TRIO ETS mentees!

ACT Test Dates St Paul Locations

-Mounds Park Academy

-Center Code: 222180

-Test Dates:

-April 5th, 2025

-Saint Agnes School

-Center Code: 227860

-Test Dates:

-April 5th, 2025

-St Paul Academy and Summit School

-Center Code: 161220

-Test Dates:

-February 8th, 2025

-St Paul Public Schools

-Center Code: 255540

-Test Dates:

-December 14th, 2024

ACT Test Dates

Minneapolis Locations

-Breck School

-Center Code: 192780

-Test Dates:

-June 14th, 2025

-DeLaSalle High School

-Center Code: 204220

-Test Dates:

-April 5th, 2025

-June 14th, 2025

-Edison High School

-Center Code: 204030

-Test Dates:

-October 26th, 2024

-December 14th, 2024

-February 8th, 2025



-Minnehaha Academy Upper School

-Center Code: 248420

-Test Dates:

-February 8th, 2025

-Washburn High School

-Center Code: 196910

-Test Dates:

-October 26th, 2024

-December 14th, 2024

-February 8th, 2025

-April 5th, 2025

-June 14th, 2025

-July 12th, 2025

St. Olaf College
1520 St. Olaf Avenue
Northfield, MN 55057-1098
(507) 786-6241 TOLL FREE: (800) 621-7601
<http://wp.stolaf.edu/ets>

Address Service Requested

ETS Staff
Juan Telles, Director
Joe Barthel, Administrative Assistant
Junior Avalos, Academic Advisor
Kali Hickman, Academic Advisor
Azi Thao, Academic Advisor

Layout/Design
Juan Telles, Administrative Assistant

Minneapolis Edison Senior High School,
Humboldt High School, Minneapolis Northeast Middle School, and
at the following five schools: St. Paul Community of Peace Academy, St. Paul
preparatory services through workshops, classroom activities, and group and
individual counseling sessions. St. Olaf College Educational Talent Search works
Advisors, in cooperation with school counselors and teachers, provide college
academic and vocational options and set goals for the future. ETS Academic
annually assists 700 middle and high school students as they explore their
and sponsored by St. Olaf College. The ETS program
program funded by the U.S. Department of Education
Educational Talent Search (ETS) is a TRIO