



Human Resources

Volume 2, Issue 2

February 2010

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Human Resources

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Upcoming Events

Supervisory Training

Supervisors are invited to join Lora for a Supervisory Training session on Thursday, February 18 from 2:00-3:00 in the Black Ballroom. This month's session will be an interactive session, working through typical employment issue scenarios.

Years of Service Recognition Reception

The annual reception is coming up on Thursday, February 25. We encourage everyone to attend and celebrate the many years of hard work and dedication the faculty and staff at St. Olaf have achieved.

New Faces on the Hill

Regular Employees

Paula Boe, Instructor in Education

Mari Espeland, Instructor in Education

David Gasperino, Visiting Assistant Professor of Environmental Studies

Matthew Larson, Instructor in Russian

Matt Neuger, Assistant Girls Softball Coach

Joe Paul, Assistant Alpine Ski Coach

Thomas Pope, Visiting Assistant Professor of English

Ji Hoon Ryoo, Instructor in Math, Statistics, and Computer Science

Pat Wadzinski, Assistant Girls Softball Coach

Sarah Beth Weeks, Librarian—Head of Technical Services and Systems

Employee Transition

Laura Knobel-Piehl, Technology Services Coordinator

(switched from temporary Technology Assistant position to full-time status)

Returning Employees

Carol Austin, Instructor in Nursing

Emily Bendson, Nursing Clinical Facilitator

Megan Feeney, Instructor in History

Elizabeth Grawe, Instructor in Education

Jacie Haroldson, Assistant Women's Tennis Coach

Karna Hauck, Instructor in Education

David Olson, Assistant Men's Tennis Coach

John Ophaug, Visiting Assistant Professor of Economics

Christopher Schwartz, Physical Education Coach

Kristin Stets, Assistant Women's Tennis Coach

Sarah Swan McDonald, Instructor in Education

Temporary Employees

Calie Cavic, Student Disabilities Accommodations Assistant

Jane Shorter, Document Imaging Coordinator



EAP Seminars

How Stress Affects Our Eating Behavior

The telephone seminar was on Wednesday, February 10. The seminar is available to listen to beginning on February 10 at 5:00 pm ET and will end at 11:59 pm CT, on February 19.



To access the seminar, please dial 1-888-348-4629 and enter the following replay passcode: 239080

The seminar will also be available on the Cigna website in approximately two weeks. For instructions on how to access the replay via the web, see the directions on page three.

Click [here](#) for the promotional flyer.

Below are additional documents on how stress affects our eating.

[Stress & Eating PowerPoint](#)

[Stress & Eating Handouts](#)

Today's Economy: Strategies for Managers

Telephone seminar is on Wednesday, February 17 at 2:00 p.m. ET / 11:00 a.m. PT. Please pre-register online at <http://ww4.premconf.com/webrsvp>. Confirmation code: 4068250

Click [here](#) for the promotional flyer.
Replay passcode: 643285

Below are additional documents on today's economy.

[Today's Economy PowerPoint](#)

[Today's Economy Handouts](#)



A Frank Discussion About Depression

Telephone seminar is on Wednesday, February 24 at 2:00 p.m. ET / 11:00 a.m. PT. Please pre-register online at <http://ww4.premconf.com/webrsvp>. Confirmation code: 8277845



Click [here](#) for the promotional flyer.
Replay passcode: 130768

Below are additional documents on depression.

[Depression PowerPoint](#)

[Depression Handouts](#)



All of the EAP seminars are available at any time throughout the year. If you would like to access one within the first two weeks, call 1-888-348-4629 and enter the replay passcode. Otherwise, use the directions below to access the seminars at any time via the Cigna website after the first two weeks.

1. Go to www.cignabehavioral.com
2. Click Login to access your benefits
3. Enter the employer id: stolaf (with no period)
4. Click Visit Our Education & Resource Center
5. Click EAP Telephone Seminars



At this screen, the links from past seminars will be active. When you click on the desired link, an MP3 file will open up for you to listen to, along with other supplemental materials.

If you ever have issues listening to/viewing a seminar, please contact Jessica at 507-786-3068 or smisekj@stolaf.edu for assistance.

Benefits Fair

We had a wonderful turn out for the Benefits Fair! There were over 130 attendees. Congratulations to the following employees who won the raffle prizes:

- ◆ Stadium Blanket—Susan Jorgensen
- ◆ Yoga Mat—Jackie Henry
- ◆ Fleece Jacket—Jun Qian
- ◆ Target Gift Card—Greg Kneser
- ◆ Oral B Electric Toothbrush—Nancy Peterson
- ◆ Grand Prize: \$50 Cash—Jody Greenslade



Thank you to all those who were able to stop by. We hope everyone found the Fair to be helpful and informative. If you have any suggestions or comments for next year, please let us know.

A special thank you to Sandy Boudreau for making this happen, she did a wonderful job organizing the event.

Campus Conduct Hotline

If you have concerns relating to discrimination, harassment, legal violations, or ethical concerns, you may express these concerns anonymously using the Campus Conduct Hotline (866) 943-5787.

As always, we welcome any comments, questions, or concerns.

Roger Loftus, Lora Steil, Kristy Sybilrud, Sandy Boudreau, and Jessica Smisek