Workers' compensation -- Follow the process of a workers' compensation claim

Disclaimer: The information on these web pages provide a general overview of the Minnesota workers' compensation system for educational purposes only. It is not a complete description of workers' compensation law or of the topics discussed and should not be construed as offering or providing legal advice. Those with questions about workers' compensation law are encouraged to contact the Department of Labor and Industry for more information or a lawyer for legal advice.

1. Injured on the job
   - Notify employer
     - Employer completes FROI form
   - Seek medical attention, if needed
     - Tell health care provider injury occurred at work
     - Get Report of Work Ability form
   - Lost time from work?
     - No
     - Yes
       - Return to work
         - Waiting period
           - Insurer files NOPLD form
             - Claim denied
               - Claim accepted, may get (three possibilities):
                 - Wage-loss/monetary benefits
                 - Medical benefits
                 - Rehabilitation benefits
               - Return to work