

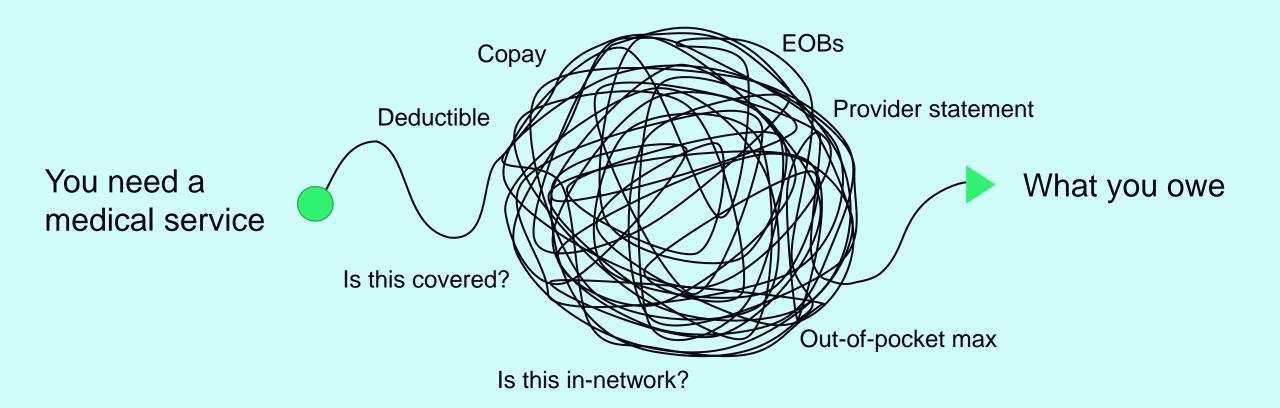
# A happier way to healthcare



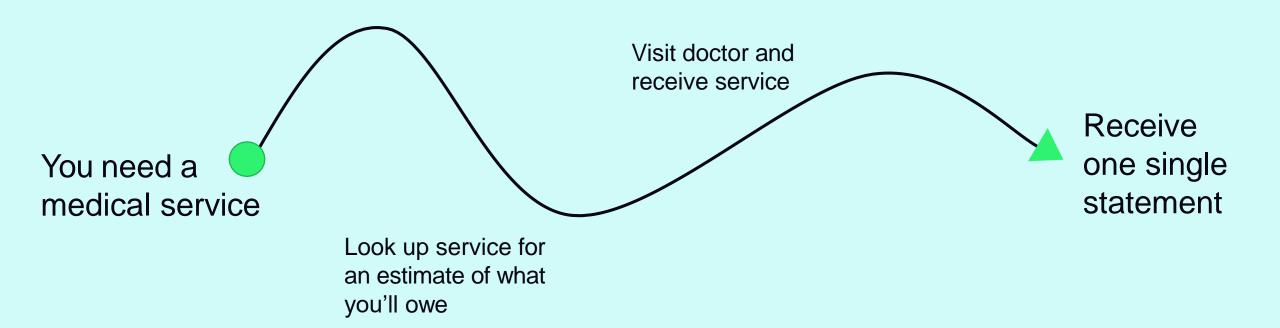




Current healthcare journey

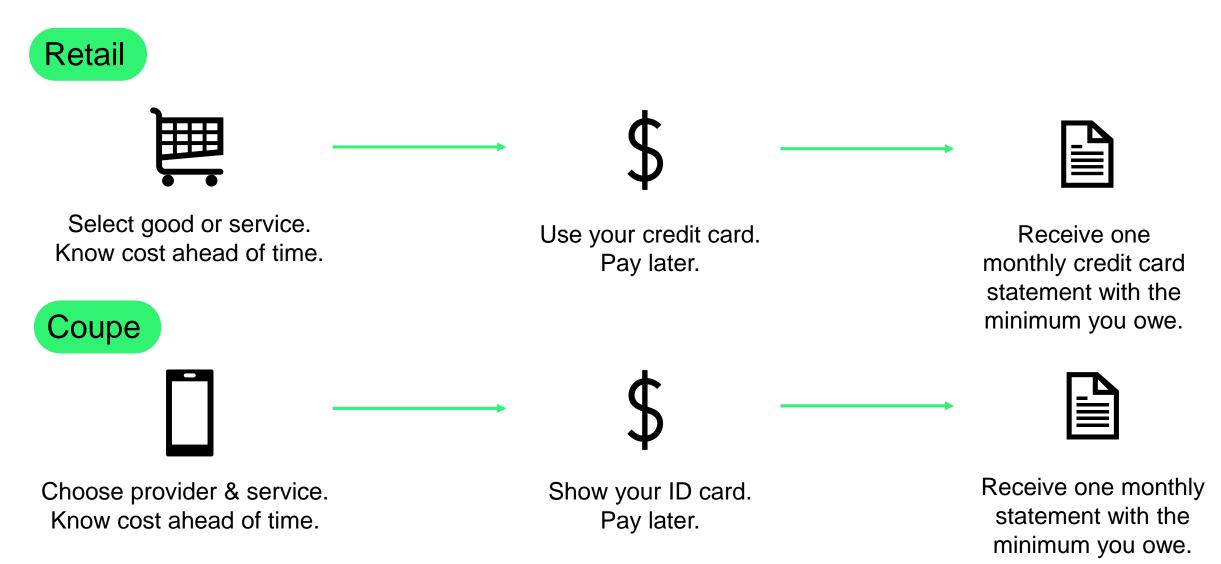


#### Your healthcare journey with Coupe





#### It's just like any other consumer experience...

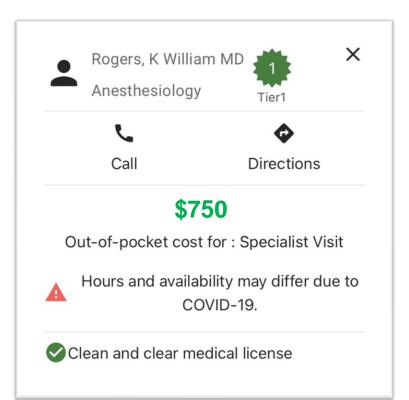


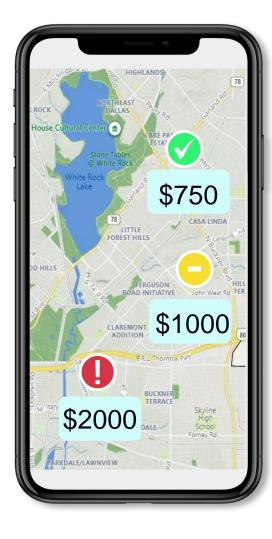
# Your new healthcare experience

#### Find your physician and desired price



1





# 2 Show your insurance card at time of service

	BlueShield		
Name		In-Ntwk Ded (Ind/Fam): \$xxxx/\$xxxxx	
JOHN SAMPLE		Out-of-Ntwk Ded (Ind/Fam): \$xxxx/\$xxxx	
ID #		In-Ntwk OOP (Ind/Fam): \$xxxx/\$xxxx	
ABC1234567	<b>'</b> 89	Out-of-Ntwk OOP (Ind/Fam): \$xxxx/\$xxxx	
GRP	12345		
Care Type	PPO		
Svc Type	Medical, Rx		
RxBIN	022139		
RxPCN	MD1		
RxGrp	TBD		

#### COUPE HEALTH

12712 Park Central Dr. Dallas, TX 75251

Member ID Billing Period Due on	12345678 01/01/2023-01/31/2023 2/28/2023		
Account Summary			
Outstanding Balance	\$0.00		
Payments Made	\$0.00		
Current Charges	\$750.00		
Amount Due	\$750.00		
Minimum Due	\$100.00		

Pay online at <u>https://acap.securecondult.net</u> using your MemberID provided above. You may also detach and mail the bottom portion of this statement with your payment.

#### **Monthly Statement** Date of SimplePay Claim ID Patient Name Provider Service Service Amount Urgent Care Dr. Adams \$45.00 01/02/23 457833 Jasmine Jacobs Dr. Wong \$35.00 Orthopedic Specialist 01/04/23 957893 Jasmine Jacobs Dr. Torrez \$650.00 Outpatient Surgery 01/10/23 657821 Jasmine Jacobs CVS \$20.00 Hydrocodone 01/10/23 778644 Jasmine Jacobs

Patient Benefit Summary

\$750.00 has been applied to your \$5,000 out of pocket maximum

# 3 Receive one monthly statement

### **Built-In Financing**



No payment required at time of service

3

4

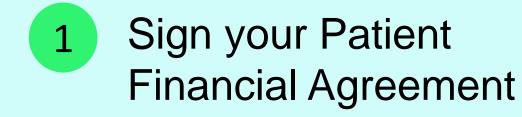
0% interest payment plans with autopay feature



1.5% cash back when balances paid in full by due date

Customizable payment plans available

Setting up your payment plan



Choose your preferred payment account for the Auto Pay Program\*

2



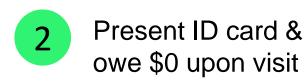
\*If you do not have a credit card or bank account available for the Payment Protection Program, please notify your benefits team



#### Your journey



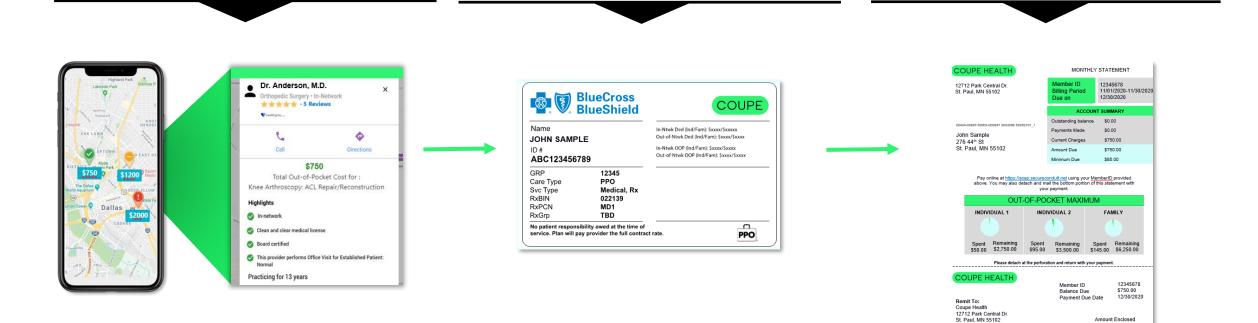
Select a provider based on cost & quality



3

Receive one statement and pay with 0% interest

l s

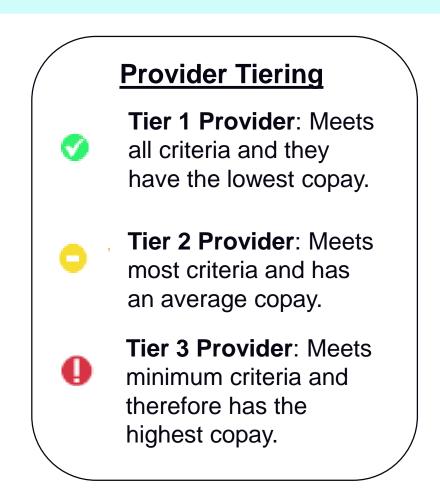


# Plan options

## Quality Rankings & Provider Tiering

Providers are categorized into three copay rankings based on some of the following criteria:

- 1. Quality Providers that have the bestin-class training and certifications, aligned with good care outcomes.
- 2. Relationship Providers that are associated with top quality service lines at their facility.
- **3. Experience** Providers that deliver a positive patient experience and outcomes.
- **4. Efficiency** Providers that deliver the best care outcome by providing the appropriate amount of care.



#### Plan Options

	Core Plan	High Deductible Plan
Deductible Individual/Family	\$0	\$4,000/\$8,000
Maximum Out-of-Pocket Individual/Family	\$6,500/\$13000	\$5,400/\$10,800
Top quality providers		
Preventive Care	\$0.00	\$0.00
Primary Care Office Visits	\$40.00	\$15.00
Emergency Room	\$650.00	\$265.00
Pharmacy Generic Preferred Brand Non-Preferred Brand	\$30.00 \$60.00 \$90.00	\$5.00 \$10.00 \$15.00

#### Coupe Health Core Plan Design

Service Description		In-Network		Out-of-Network
Out-of-pocket maximum	\$6,500 / \$13,000			No Limit
	V Tier 1	Tier 2	Tier 3	$\mathbf{x}$
Primary Care Office Visit	\$40	\$55	\$90	\$110
Advanced Imaging Exams (MRI, MRA, CAT & PET scans)	\$350	\$475	\$790	\$950
Diagnostic Labs	\$30	\$40	\$70	\$85
Emergency Room / Ambulance	\$650			
Inpatient hospital stay	\$3,560	\$4,750	\$6,500	\$7,800
Category		Pharmacy Rankings		Mail Orders
	V Tier 1	Tier 2	Tier 3	90-day supply
Generic	\$30	\$35	\$60	\$60
Preferred Brand	\$60	\$75	\$120	\$120
Non-preferred brand	\$90	\$110	\$185	\$185
Specialty: mail order only				\$120

#### Coupe Health High Deductible Plan Design

Service Description		In-Network		Out-of-Network
Out-of-pocket maximum		\$5,400 / \$10,800		No Limit
	V Tier 1	Tier 2	Tier 3	8
Primary Care Office Visit	\$15	\$20	\$30	\$40
Advanced Imaging (MRI, MRA, CAT & PET scans)	\$140	\$190	\$315	\$400
Diagnostic labs	\$10	\$15	\$20	\$30
Emergency Room / Ambulance	\$265			
Inpatient hospital stay	\$1,425	\$1,900	\$3,000	\$3,800
Category		Pharmacy Rankings		Mail Order
	V Tier 1	Tier 2	Tier 3	90-day supply
Generic	\$5	\$10	\$15	\$15
Preferred Brand	\$10	\$15	\$25	\$25
Non-referred brand	\$15	\$20	\$30	\$30
Specialty: mail order only				\$10

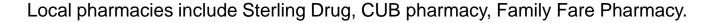
# Pharmacy

Tier 1: Local pharmacies (Sterling, Family Fare), grocery stores, Costco, Walmart, Sam's Club, Cub Foods

Tier 2: Walgreens

Tier 3: CVS





#### Premium amounts

FTE > .75	Core Plan	High Deductible Plan
Employee	\$188.00	\$139.00
Employee + 1	\$482.00	\$367.00
Family	\$719.00	\$549.00

FTE .50 < .75	Core Plan	High Deductible Plan
Employee	\$290.00	\$139.00
Employee + 1	\$665.00	\$569.00
Family	\$994.00	\$837.00

# Health & wellbeing

#### Programs available for you & your family



Diabetes and cardiovascular disease management



Fertility, pregnancy and parenting



Virtual wellness visits

**wondr** 

FORMERLY NATURALLY SLIM

Weight management and healthy eating

Joyages

Mental health support

#### 2nd.MD

Expert second opinion services

**MyPHA**<sup>°</sup>

Personal health assistant

Hinge Health

Digital support for back and joint pain

#### Member platform & benefits hub

Powered by

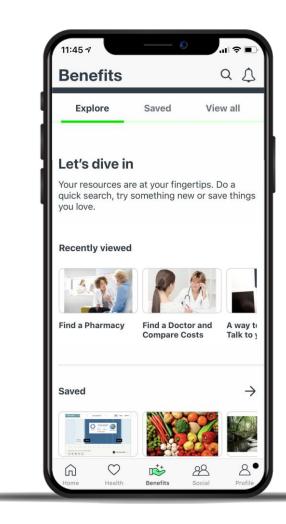


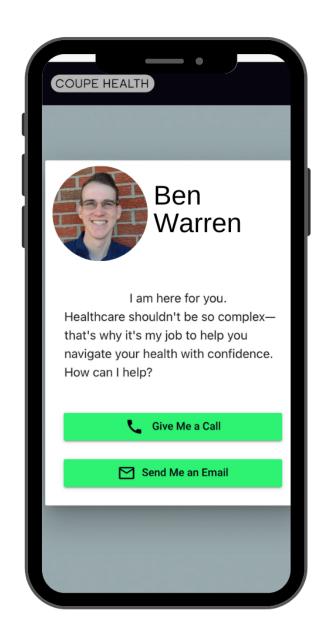
Benefits and wellness program in one place

Increased engagement with concierge navigation

Live support for better outcomes

Customized benefits, events and resources





#### Your Personal Health Valet™

- Assist in finding a top provider
- $\checkmark$  Setting appointments with providers
- $\checkmark$  Available for open enrollment questions
- $\checkmark$  Available for insurance questions
- $\checkmark$  Resolving billing issues with provider
- ✓ Administrative assistance

# Onboarding checklist

Complete open enrollment via your company's process

- Sign Member Financial Onboarding Form
- Choose your Preferred Payment Account
- Member portal goes live 9/1



#### Need assistance?



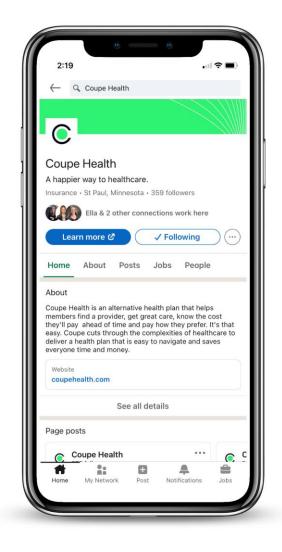
employers.coupehealth.com/st-olaf.html



healthvalet@coupehealth.com









# Thank you!

Blue Cross<sup>®</sup> and Blue Shield<sup>®</sup> of Minnesota and Blue Plus<sup>®</sup> are nonprofit independent licensees of the Blue Cross and Blue Shield Association.

