



Online Member Portal: Log on for personalized information, find a doctor, view claims, view and order ID cards and access health and wellbeing benefits. Register at www.myahabenefits.com to have all of your plan information at your fingertips. You will need your member ID card to get started. To search for providers visit BlueCross BlueShield www.findadoctormn.AwareNetwork



Mobile App: Download the **myAHABenefits** Mobile app and access your information, deductible and out of pocket totals, digital ID card and cost estimates for procedures.

Well-being Platform

Access online tools and resources such as a well-being profile to create an action plan, get reminders about health goals, stay motivated with tokens and badges, and sync up fitness apps and devices to track your progress.

Case Management

If you are diagnosed with a complex, catastrophic, or chronic illness or injury, case management can help support you and your health care providers by locating, coordinating, and evaluating services across various levels and places of care.

Registered Nurse Case Manager

When you call our Health Information Line, Registered Nurse Case Managers are available 24/7 for questions about your health and treatment options.

Exclusive Discounts and Savings

The AmeriHealth Insider discount program is your exclusive pass to discounts on family events, amusement park tickets, sporting events, online shopping, and more. You can save up to 60 percent at a wide range of national, regional, and local businesses, attractions, and events.

Baby Beginnings

Baby Beginnings is a maternity management program specifically designed to help expecting mothers successfully manage their health before, during and after a baby is born. To get started, call **(833) 242-1777** or email babybeginnings@ahatpa.com with "Enroll" in the subject line. A nurse will reach out to you within two business days.

NICU Care Management

Support is available if your newborn needs treatment in the Neonatal Intensive Care Unit (NICU), including telephone and in-person support from the day the baby is admitted through discharge planning and the transition home.

Log in at myahabenefits.com to check out all the exciting member perks.