



Academic Advising Frequencies & Means Spring 2026: St. Olaf College

1. To what extent have the following been helpful regarding your academic interests, course selections, academic performance, or future plans? 433 ⓘ

	Count	Mean	StDev	Very much (4)	Quite a bit (3)	Some (2)	Very little (1)	Total
a. Academic advisor, faculty, or staff assigned to advise you	430	2.91	0.94	31%	38%	22%	9%	100%
b. Academic advisor(s) available to any student	369	2.77	0.88	23%	38%	33%	7%	100%
c. Faculty or instructor(s) not assigned to advise you	380	2.79	0.92	26%	36%	31%	8%	100%
d. Online advising system (degree progress report, etc.)	386	2.73	0.95	25%	33%	33%	10%	100%
e. Website, chatbot, catalog, or other published sources	315	2.22	0.94	10%	28%	37%	26%	100%
f. Student services staff (learning and academic support, cultural centers, etc)	364	2.56	0.97	19%	33%	32%	15%	100%
g. Career services	333	2.59	0.96	20%	33%	33%	14%	100%
h. TRIO Programs staff	111	2.79	1.14	39%	20%	23%	18%	100%
i. Disability or accessibility services staff	169	2.76	1.11	36%	22%	26%	17%	100%
j. Success or academic coach	341	2.21	1.04	16%	17%	37%	29%	100%
k. Peer advisor or mentor	238	2.47	0.99	20%	25%	38%	17%	100%
l. Friends or other students	424	3.07	0.86	38%	33%	26%	3%	100%
m. Family members	407	2.85	1.04	35%	28%	24%	13%	100%
n. Other, please specify:	38	2.97	0.78	29%	39%	32%	0%	100%

Excludes "Not applicable" and "Did not meet with" responses

2. Do you know how to contact (in person, email, phone, or online) an advisor at your institution? 430 ⓘ

	Count	Total
Yes	415	97%
No	5	1%
Unsure	10	2%

3. Thinking about academic advising, how much have people and resources at your institution done the following? 432 ⓘ

	Count	Mean	StDev	Very much (4)	Quite a bit (3)	Some (2)	Very little (1)	Not at all (0)	Total
a. Been available when needed	431	3.31	0.74	45%	43%	10%	2%	0%	100%

Excludes "Not applicable" responses

	Count	Mean	StDev	Very much (4)	Quite a bit (3)	Some (2)	Very little (1)	Not at all (0)	Total
b. Provided prompt and accurate information	427	3.16	0.79	38%	42%	18%	2%	0%	100%
c. Provided information about learning support services (tutoring, writing center, success skills, etc.)	427	3.13	0.88	41%	37%	18%	4%	0%	100%
d. Notified you of important policies and deadlines	429	2.90	1.01	34%	34%	24%	6%	3%	100%
e. Reached out to you about your academic progress or performance	413	2.17	1.32	22%	17%	29%	17%	14%	100%
f. Followed up with you regarding something they recommended	408	2.37	1.25	23%	24%	30%	14%	10%	100%

Excludes "Not applicable" responses

4. Thinking about academic advising, about how often did someone at your institution do the following? 400 ⓘ

	Count	Mean	StDev	Very often (4)	Often (3)	Sometimes (2)	Never (1)	Total
a. Took the time to learn about your hobbies and personal interests	400	2.82	0.87	25%	38%	32%	6%	100%
b. Actively listened to your concerns	390	3.18	0.79	40%	39%	19%	2%	100%
c. Respected your identities and cultures	381	3.50	0.64	57%	36%	6%	1%	100%
d. Cared about your overall well-being	397	3.35	0.74	49%	40%	9%	2%	100%

Excludes "Not applicable" responses

5. Thinking about academic advising, about how often did someone at your institution discuss the following with you? 400 ⓘ

	Count	Mean	StDev	Very often (4)	Often (3)	Sometimes (2)	Never (1)	Total
a. Your academic goals and future plans	400	3.32	0.75	49%	36%	14%	1%	100%
b. How your major or expected major relates to your personal, academic, career, or future plans	395	3.19	0.82	44%	34%	21%	2%	100%
c. Special opportunities (study abroad, internship, service-learning, research, etc.)	398	2.94	0.87	30%	38%	27%	5%	100%
d. Participation in co-curricular activities (organizations or clubs, performing arts, sports, etc.)	395	2.74	0.91	24%	33%	35%	7%	100%
e. Resources for your well-being (health, counseling, financial guidance, etc.)	388	2.68	0.89	20%	38%	33%	9%	100%

Excludes "Not applicable" responses

6. Overall, how much have people and resources at your institution supported you in the following? 399 ⓘ

	Count	Mean	StDev	Very much (4)	Quite a bit (3)	Some (2)	Very little (1)	Not at all (0)	Total
a. Wellness support services (mental health counseling, student health center, etc.)	360	2.68	1.04	24%	34%	30%	8%	4%	100%
b. Academic success	386	2.94	0.95	32%	37%	25%	5%	2%	100%
c. Career advising	373	2.54	1.07	22%	29%	35%	10%	4%	100%

Excludes "Not applicable" responses

	Count	Mean	StDev	Very much (4)	Quite a bit (3)	Some (2)	Very little (1)	Not at all (0)	Total
d. Emotional and physical health	377	2.53	1.07	22%	28%	37%	8%	5%	100%
e. Basic needs (e.g., housing, food)	376	2.62	1.19	27%	31%	24%	9%	7%	100%
f. Social support (e.g., building connections, community, and friendships)	388	2.72	1.07	29%	28%	31%	8%	3%	100%

Excludes "Not applicable" responses