

Dr. Helen Rodriguez-Trías



A Female Latina Voice for the
Reproductively Repressed



“No one is going to have a quality of life unless we support everyone’s quality of life” – *Dr. Helen Rodriguez-Trías*



She devoted her life to the betterment of health care for underrepresented individuals and amplified diverse voices from within the health care system.

Institutions and Organizations

- Women’s Health Movement
- Committee to End Sterilization Abuse
- Women’s Caucus of American Public Health Association
- Committee for Abortion Rights And Against Sterilization Abuse
- Boston Women’s Health Collective
- Pacific Institute for Women’s Health

Accomplishments/Awards

- Co-author of Our Bodies, Ourselves Guidelines
 - Completely changed Sterilization in many countries
- Medical Director of NY state department of Health - AIDs institute
- First Latina President of American public health
- Presidential Citizen’s Metal – President Clinton

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