



The Nourishing Vocation Project

Phase 2: We Discern – Living into the Called Life Today

Practices and Resources for the Journey

CVM's create a plan for congregational ministries so that the essentials of Phase 1 will continue throughout Phase 2 (hence, the teal color that flows through the diagram on the attached) to continue to nourish spiritual renewal in individual people and to make a more intentional pivot to nourishing spiritual renewal in the whole congregation.

- The Called Life
- *Vocare*
- *Vocare* Self Reflection
- *Vocare* Guided Meditations
- Sing *Vocare!*
- *Vocare* liturgies and worship resources
- Near and Now
- Engaging the Living Word

Where are we starting?

The congregation collectively completes the following:

- The Called Life – Ministry on Purpose for the Common Good
- *Vocare* Congregational Reflection
- Discerning our Values

Thinking Theologically

Congregational participants explore their core beliefs and practices and the ways that those beliefs and practices and experienced and inform who they are and what they do.

Who are we, and how are we nourished?

In parish-wide experiences, the congregation considers their past and their present, paying particular attention to values, theology-in-practice, celebrations, challenges, and conflicts, while focusing on abundance rather than scarcity.

- Parish Gatherings
 - Where have we been?
 - Where are we now?

Who are our neighbors and companions?

The congregation turns its attention outward, paying particular attention to its particular context and community. Congregations choose resources most beneficial to them from the “Who is My Neighbor?” materials provided by the St. Olaf College Immigration and Citizenship Class.

This resource is provided by the Nourishing Vocation Project through the Lutheran Center for Faith, Values, and Community at St. Olaf College.

Where are we being called?

The congregation engages in a 30-60-day community-based micro-engagements, attentive to a minimum of three NVP critical concerns – young adults, antiracism, economics, well-being, and digital ministry. These micro-engagements, along with the preceding experiences will inform the collective discernment that results in “Just One Thing.”

- Micro-engagements
- Mind the Gap: Distinguishing Between Technical and Adaptive Work
- Reprise: The Called Life
- Reprise: *Vocare* Congregational Reflection
- Reprise: Values

What are we called to be? What are we called to do? Why are we here?

The congregation determines a set of commitments and comes to consensus on “Just One Thing” upon which they will act in Phase 3.

- Set of Commitments
- Just one thing

Prepare for Phase 3: We Act

The congregation outlines the “prepare, plant, nourish, grow” plan for Phase 3.