

ADAM ISHON

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EDUCATION

St. Olaf College, Northfield, MN
Bachelor of Arts: Psychology

Anticipated Graduation: May 2024

RESEARCH EXPERIENCE

Research Assistant, Dr. Shelly Dickinson, Psychology Department, St. Olaf College (January 2023 - Present)

- Assisted in data collection for grant application funded by the Howard Hughes Medical Institute.
- Developed protocols to compare ethanol induced place preference in adult and adolescent mice.
- Collaborated on adjustment to continued research plan in absence of sustained funding.
- Submitted initial proposal to present results at the Minnesota Undergraduate Psychology Conference.

Research Assistant, Temperament and Development Lab, Columbia University (June - August 2022)

- Coded parental-child interactions for emotional functioning and affective measures.
- Coded marital interactions and triadic family interactions for personality traits.
- Transcribed marital video interactions and assisted with data entry into Excel database.

Lab Assistant, Psychology Department, St. Olaf College (February - June 2022)

- Involved in decisions regarding placement of equipment for workflow and space use efficiency.

Co-Researcher, Research Methods Course, St. Olaf College (February - June 2022)

- Explored the effects of learned helplessness in professional athletes by observing the performance of baseball and basketball players.
- Utilized SPSS to code and analyze data.

Co-Investigator, Biofeedback Course, St. Olaf College (September - November 2021)

- Investigated differences in EEG and EDR in expert and novice guitar players when given a guitar-playing task.
- Worked with electrodes, MP30, wire leads, and Biopac to acquire research data.

TEACHING ACTIVITIES

Preceptor, Psychology Department, St. Olaf College (Fall 2022 - Present)

- Teaches weekly 1.5 hour introductory Psychology lab course alongside Professors. Labs include: History of Psychology, Social Psychology, Illusions, EEG, Neuroscience of Wayfinding, Personality, and Research Methods/Statistics.
- Assesses student lab notebooks in accordance with APA format and assigns letter grades to student work.
- Attends weekly seminars on issues in Psychology and discuss methods of effective pedagogy for college aged students.

Ellingson Hall Peer Tutoring, St. Olaf College (September 2022 – Present)

- Host weekly review sessions for students with questions about Psychology.

Teaching Assistant, Introduction to Psychology, St. Olaf College (Fall 2021)

- Invited by a professor to serve as teaching assistant and tutor.
- Evaluated and scored weekly academic assignments.
- Lead study groups, and provided one-on-one tutoring

Mentor, Reaching Our Goals, St. Olaf College (September 2020-present)

- Mentor for Latino middle school and high school students.
- Organized educational activities and field trips facilitating discussions around college and post-high school options.
- Assisted students complete homework to confirm concepts learned in school.

Elementary School Tutor, Learning Team, Sibley and Bridgewater Elementary Schools (2020-2021)

- Worked with third and fourth grade students, to use limited time efficiently and motivate children to do school work at the end of the day.

SERVICE AND LEADERSHIP

Director of Advancement, Reaching Our Goals, St. Olaf College (September 2022- Present)

- Writes grants and tracks spending to provide budget information and to develop yearly projections

Committee Member and Event Chairperson, St. Olaf Cancer Connection (September 2022-Present)

- Member of Corporate sponsorship and 3-on-3 basketball tournament committee.
- Supervised and organized 3-on-3 basketball tournament for Ronald McDonald House.

PRESENTATIONS AND POSTERS

Charles, D., & Dickinson, S. D. (2023). Ethanol induced place preference in adult and adolescent mice. Poster presented August 2023 summer during a research symposium at St. Olaf College

Charles, D., Stevenson, Andrew, & Janssen, Stephen (2022). Learned helplessness and its effects on performance. Poster presented April 2022 Minnesota Undergraduate Psychology Conference at St. Catherine's University

ACADEMIC HONORS AND AWARDS

Andersen Corporation Employees' Children scholarship program
Dean's Scholarship, St. Olaf College

PROFESSIONAL AFFILIATIONS

American Psychological Association