

THE SCRIBE

winter 2009

A TRIO STUDENT SUPPORT SERVICES PUBLICATION

Volume 1, Issue 3

In This Issue:

Food, Family, Fun,
Alumni? Pages 1 & 5

President Anderson
attends Board
Meeting Pages 1 & 5

Cookies at Kathy's
Page 2

Mark your
Calendars!
Page 2

Supplemental
Instruction
Pages 3

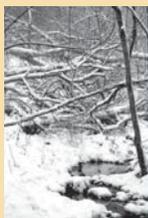
Alumni Spotlight:
Mario G. Paez
Pages 4

SSS Info Board
Pages 6

2008 SSS Holiday
Party Pages 7

winter

2
0
0
9



Food, Family, Fun, Alumni

Food, family and fun nights have been around at SSS for a number of years. During the 2008 FFF night, on October 8, several Student Support Services alumni were asked to sit on a panel. While students munched on fried chicken and mashed potatoes the alumni told their stories. Many described their journeys of changing majors, changing careers, defining and refining interests, making mistakes and learning from them, taking on responsibility, and of growing up. The panelists who spoke were:



Jennifer Bynes, Salah Mohammed, Kham Vang, Jared Cooper, Hoang Ton, and Jade Soik.

Following the talks there was a short question and answer time. Students had a chance to ask a range of questions from what mistakes they made, regrets, and tidbits of advice, to what things they would want to change.

The resounding theme was, take advantage of the myriad resources St. Olaf and SSS has to offer, and make the most of your time at St. Olaf.

For all of the alumni, making time in their busy day to come



Kathy Glampe, Director of Student Support Services, introducing alumni panelists

Continued on page 5

President Anderson visits the Board of Leaders Meeting

By Sue Xiong '09

For most students, November the 10th was just another Monday, as they struggled to recover from the weekend, to attend classes and prepare for another long week of getting work done while making time for their extra curricular activities. Others anticipated with excitement and a little bit of anxiety, the arrival of President Anderson at the Board of Leaders' meeting.

The meeting started as usual with a friendly greeting from Justin and an update from the seven committees on their current projects. Kazoua Her and Sue Xiong, as members of the Administrative Committee welcomed and facilitated the meeting with President Anderson. Before starting with the questions, each member introduced him/herself and the committee to which they belonged. Prior to President Anderson's visit, the Administrative committee sent out emails and provided a question and comment box for the SSS students to voice their comments and concerns that they wished to be addressed at the meeting.

Continued on page 5

Cookies at Kathy's!

Every autumn in St. Olaf TRiO Student Support Services there is a special day, a day to celebrate camaraderie, friendship, hard work, and to experience the joy of baking cookies and eating them with milk. That day is known as Cookies at Kathy's.

This year the fun was held on Friday, November 14. First to arrive, around four o'clock, were the women of the 2008 Fall Women's Retreat, there for a reunion. Shortly before six o'clock in the evening the rest of the students arrived at Kathy Glampe's house in Northfield, Minnesota. As vans shuttled students to Kathy's, the house was quickly filled.

The baking adventure commenced. And it certainly was an adventure. As students took turns trying their hand at various recipes, the kitchen filled with ingredients, mixing bowls, and delicious smells. "Results may vary," would have been a suitable addendum to the evening. Mixing a house full of students, an unfamiliar kitchen full of recipes and ingredients, with eager, excited chefs ready to tackle any recipe in the name of having a good time and getting their hands dirty, certainly did produce varied results.



Batch after batch of cookies turned out very differently. Even tried and true recipes seemed to mutate into the unfamiliar. But all were delicious and quickly disappeared with milk or juice. Even the chewy snowflakes, which were mixed with way too much water under the supervision of James Bauman, SSS Advisor, were surprisingly tasty in the end. It certainly was a glorious baking adventure.



Around eight o'clock the cookies were eaten and students began to head home. As the vans shuttled most students back to campus, a select group felt the calling of Taboo. Taboo, the game of outside-the-box descriptions, ridiculous explanations, loud guessing, yelling, buzzers and timers, lasted a few hours, ending in a tie game. It was a wonderful cap to a night of cookies and camping out at Kathy's.

Financial Aid sessions in SSS Office — April 8, 3:00-4:30pm
President Obama Letter Writing Campaign—March 11, 4-6:00, SSS Office
Cover letter & Resume Workshop—March 18, 3-4:00 (Sign up in SSS Office)
Spring Break!—March 21-March 29
Successful Socializing & Etiquette dinner—April 3, 3-5:00 & April 4, 11-2:30
Financial Aid Help—April 8, 3:30-4:30, SSS Office
Easter Holiday—April 10 (No School)
Senior Celebration—April 22, 5:00-7:00, Ytterboe Lounge
Men & Women's Retreat—April 24, 25, Camp Omega
SSS Reception—May 4, 4:00-5:00
SSS Picnic & Reading Day—May 14
Graduation—May 24

Mark your
Calendars!





Supplemental Instruction!

What is SI? *Supplemental Instruction is a series of focused, targeted small group study sessions led by a trained undergraduate peer who has already successfully completed the class.*

Why should I attend SI? *SI sessions have proven to be very beneficial for many SSS students in the past. SI is a chance to engage in the material in a meaningful way with a small group of students. SI leaders are wonderful resources...they really do know what they are talking about! SI could very well make the difference between a C and an A, or between failing and passing!*

SI Classes and Schedules 2009 Semester II

Statistics 110

T 7:15-8:15, W 3:15-4:15, Th 5-6 (BMC 111)

Leader—Chee Lee

Psychology 125

SI meets Sun/Thurs 4-5:00, Mon. 7:30-8:30 (RNS 297)

Leader—Eric Khuong

Calculus I

SI meets Sun, Tues, Wed from 7-8pm in (BMC 109)

Leader—Trevor Romsdahl

Economics 121

SI meets Sun. 3:30-5, Wed. 5:30-7 HH 413

Leader—Kyle Glanton

Chemistry 121A & B

SI meets Sun. 4-5 (BMC 109), Mon/THurs. 7:30-8:30 (BMC 111)

Leader—Logan Johnson

Congratulations to all the SSS students
who made the Dean's List first semester!



Michelle Anklan
Saman Bemel-Benrud
Shiquita Bradford
Brandon Button
Lam Cao
Michael Dawson
Logan Johson
Garvey Liu
Alyssa Lynne

Alumni Spotlight

Mario G. Paez, 01'

In the spotlight this month is Mario G. Paez. Mario is a 2001 graduate of St. Olaf College. Here is what he had to say about St. Olaf, Student Support Services, and life...

(The Scribe) What was your major at St. Olaf?
Economics with an emphasis in Finance

What have you done since graduation?

I worked at Chubb Group of Insurance Companies after graduation (I was an INROADS intern at Chubb Group during my summers while attending St. Olaf). I attended grad school at Claremont Graduate University's Peter Drucker School of Management and the School of Politics and Economics where I obtained my Master in Politics, Economics and Business (MBA equivalent).

What are you doing now? Job? School? Family? etc...

Currently I have been working at Wells Fargo Insurance Services for nearly 5 years as Director of the Professional Risk Group and as a Business Development Officer facilitating cross-sell between our insurance division and banking partners. I am married and we expect our first child in April 2009.

How did SSS help you get where you are now?

SSS/PEP first of all gave me an opportunity to attend St. Olaf which was key towards obtaining quality higher education. Secondly, SSS/PEP provided me with the tools and resources to help guide my path during St. Olaf to take advantage of my education and become more effective in overall management of personal and academic time. SSS/PEP also provided a community and network of other students which was key in my success at St. Olaf and beyond.

Any words of wisdom for current SSS students?

Stay focused, take advantage of your resources and use your time wisely, and create a new and higher standard for yourself. Try to do all three in a humble fashion and you'll appreciate your past and future opportunities that much more.

**“Stay focused,
take advantage
of your resources
and time wisely,
and create a
new and higher
standard for
yourself. Try
to do all three
in a humble
fashion...”**

—Mario G. Paez

Continued from page 1

The questions addressed at the meeting reflected the concerns of the SSS community. They focused on: how to keep St. Olaf affordable (with the increase in tuition, textbook and annual residential deposits), St. Olaf strategic planning, diversity, mission, personal questions for President Anderson as a leader and miscellaneous topics including residence life.

As President Anderson reflected on his experience as an Ole graduate and his current position as its President, the board members were able to learn new, interesting facts about him that they had not known before. President Anderson graduated from Saint Olaf in 1974. Prior to returning back to the hill, he taught at various colleges throughout the United States. Also, as a first time college President, he attended New Presidents School at Harvard University, where he learned about various aspects of what it takes to be a successful college president.

As we all know, higher education is expensive and the price of college is rising. President Anderson wants to ensure that St. Olaf remains accessible as a college for those who have been accepted. The college is working to increase its endowment as a protection against financial problems that students may face; especially for those who may be first generation. In addition to ensuring access towards a higher education, St. Olaf is holding true to its mission of an inclusive community, respecting those of different backgrounds and beliefs by working to diversify the student body as well as faculty and staff, to create responsible and knowledgeable citizens of the world.

As the meeting came to an end, President Anderson invited the SSS Board members to join him for breakfast during spring semester. On behalf of Student Support Services, the Board of Leaders would like to thank President Anderson for taking time out of his busy schedule to meet with us and discuss issues that affect first generation, low income students at Saint Olaf.

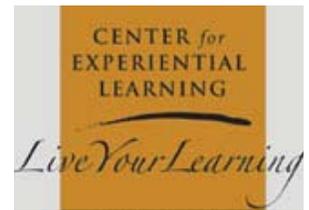
Continued from page 1 *"Food, Family, Fun, Alumni"*

and speak with current SSS students at St. Olaf demonstrates the fondness and willingness to give back that many SSS and TRiO alumni feel. This keen affinity is in part a product of these very nights, the food, the family togetherness, and the fun.

Thank you very much to the all of our alumni for their continuing contributions to the program. Thank you to those of you who made the effort to attend our alumni panel. Your camaraderie and sage advice continues to be hugely beneficial to all of the students and staff!



Center for Experiential Learning Incentive Plan



The Center for Experiential Learning (CEL), in collaboration with Student Support Services (SSS), has set up a step-by-step incentive plan to help SSS students develop and explore their career and life plan. The incentive plan requires students to move through a series of workshops and activities that are tailored to assist students in preparation for the world beyond St. Olaf College. A special thank you to Kirsten Cahoon, Andrea Kubinski, Megan Rivera, and Raschel Rask of the CEL for their hard work on the incentive plan, and to all of the CEL staff for all of their help and hardwork!



Eric Khuong, CEL Peer Advisor, will be available in the SSS office to answer questions about cover letters, resume, internship, workshops and other CEL events.

If you would like to meet with Eric to develop your resume you may sign up for a meeting time with Eric in Paula Sannes' Office.

Be sure to see your SSS Advisor, CEL peer advisors, or CEL staff with questions or for more information about this wonderful opportunity.

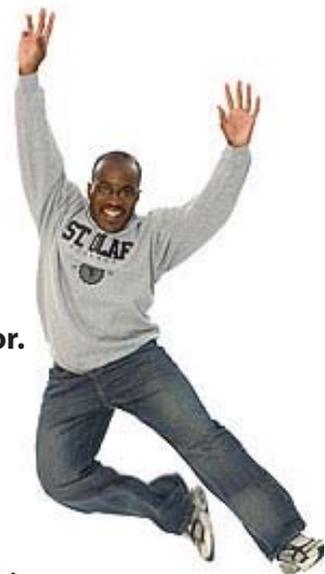
Need \$\$ for



**A gift certificate (each semester)
to the St. Olaf bookstore will be awarded to all
SSS students who meet the following goal:**

\$15 2.8-3.29 GPA
\$20 3.3-3.49 GPA
\$25 3.5-4.00 GPA

For more information, please see your SSS Advisor.



SSS Computer Lab Hours...

Thanks to the Board of Leaders and the SSS office staff for staffing the SSS office and computer lab! The office is open all semester long during the following times:

Monday	8:00am to 8:00pm
Tuesday	8:00am to 8:00pm
Wednesday	8:00am to 8:00pm
Thursday	8:00am to 8:00pm
Friday	8:00am to 5:00pm



Holiday Party 2008!



What do Aladin, Santa Clause, Thailand, frosted cookies, a fake fire place complete with sound effects, pizza, Ytterboe, and Student Support Services have in common? The 2008 SSS Holiday Party, of course!

As the threat of a snowy winter night loomed, SSS students and staff, their families, along with friends of SSS gathered in the Ytterboe lounge at St. Olaf College to partake in that most

delicious of rituals, the SSS Holiday Party.



This year the Holiday Party was held on December 5. Ytterboe lounge quickly filled with people, pizza, and Paula's home-made sugar cookies, ready for frosting. During and after the food, Mike Lemming, dressed as Santa Clause, was offering pictures with Santa for five dollars. All of the proceeds were then donated to the people groups and villages Professor Lemming works with in Thailand. Lemming and three other St. Olaf faculty, Bill Poehlmann, Mary Carlsen, and Mark Schelske, were honored for their commitment and contribution to the SSS program.



Nick Munoz and Erica Berger followed the honoring ceremony with a hilariously sublime rendition of Aladin's, *I can Show You the World*. The ceremony and performance were both back dropped by the video- fireplace projected onto a screen and completed with realistic, soft crackling, whooshing, fireplace sound effects.



When everyone had eaten their fill of pizza and frosted sugar cookies, the Board of Leaders helped tidy up the lounge and make sure everyone had received their gift bag of flash cards and highlighters. Happy Holidays!



TRiO Student Support Services
St. Olaf College
1520 St. Olaf Avenue
Northfield, MN 55057-1098

Buntrock Commons 108
(507) 786-8018
FAX: (507) 786-3750
Toll Free: (877) 300-6688
www.stolaf.edu/services/sss
www.stolaf.edu/services/trio
www.mntrio.org

The Scribe is a publication of the TRiO Student Support Services program at St. Olaf College. It is published quarterly during the St. Olaf College academic year. Editors reserve the right to add, change or delete articles for spacing and clarity. All inquiries should be addressed to Kathy Glampe, Director of St. Olaf Student Support Services Program, St. Olaf College, 1520 St. Olaf Avenue, Northfield, MN 55057-1098.

Program Staff
Kathy Glampe, Director
Justin Fleming, Associate Director
Martha Thao, Assistant Director
James Bauman, Academic Advisor
Paula Sannes, Administrative Assistant



**St. Olaf College
TRiO Student
Support Services**



The St. Olaf College Student Support Services (SSS) program is a college retention program funded by the U.S. Department of Education, St. Olaf College, The General Mills Foundation, the Hearst Foundation and the Howard Hughes Medical Institute. The SSS program is one of three TRiO programs originally funded under the Higher Education Act of 1965 and the Howard Hughes Medical Institute. The SSS program is to help students overcome social and cultural barriers to complete their college education. The SSS program provides services to 160 eligible St. Olaf students annually.