

SUSTAINABLE STUDENT LIVING

Learn how to make eco-friendly choices in a college environment

WASTE

- **Dispose of waste responsibly.** Make sure you know the difference between trash, recycling, and compost.
- **Clean your recycled items.**
- **Recycle ONLY plastics #1-7.** Just because the recycle sign is on the product does not mean the school's recycling system can accept it.
- **Don't toss unwanted items.** Donate usable clothing, furniture, dishware, etc. to local organizations or thrift stores.
- **Recycle your batteries.** There is a battery collection bucket on the second floor of Regents Hall in the Atrium.

LAUNDRY

- **Wash your clothes with the eco-friendly setting.** It is available on all machines.
- **Select 'Tap Cold' for water temperature.**
- **Use eco-friendly detergent.** Try to avoid detergent pods - their plastic coating becomes microplastics that can leak into the water system.
- **Try reusable dryer balls.** Replace those single-use dryer sheets.
- **Air dry when possible.** Buy a drying rack for your room and skip the dryer all together!

SHOPPING

- **Shop consciously.** Only buy what you know you'll use. Think about what you'll do with it when you move out for the summer.
- **Shop locally.** Check out Northfield's family-owned businesses before going to a big store.
- **Bring reusable bags.** You can find some great ones to buy throughout town - an Ole favorite is the Content bookbag.
- **Avoid online shopping when possible.** Packaging and transportation require a significant amount of energy and resource use that can be avoided when shopping in-store.
- **Thrift your clothing rather than buying it new.**
- **Buy local food if you grocery shop.** Support our neighboring farms!

STUDENT ORGS

- **Environmental Coalition:** Supports student sustainability projects throughout campus
- **Climate Justice Collective:** Participate in climate justice organizing and policy change beyond campus
- **STOGROW:** Student workers that grow fresh produce on campus and sell it to Bon Appetit
- **Food Recovery Network:** Packages meals from leftover food at Stav and delivers it to local organizations who serve people in need
- **Ole Thrift Shop:** Collects student donations and resells them during the year. Proceeds go to various sustainability-focused organizations
- **OUTS:** Leads outdoor activities for all Oles

DINING

- **Only take what you'll eat.** Try to reduce your food waste at every meal
- **Try the Caf's meatless entrée options.** Meat products take a lot of natural resources to make it to your plate
- **Learn where your food comes from.** Bon Appetit offers food from local farmers - find more info on their [website](#).
- **Bring your own mug to the Cage.** If you get drip coffee in your own mug 8 times, you earn a free coffee!

RES HALLS

- **Flick the switch.** Turn your lights off when you leave the room and work with natural light when possible.
- **No need to blast the heat.** Grab a sweater if you're chilly!
- **Try to take short showers.** And if you're bold, keep the temperature low! The hotter the shower the more energy is needed to heat the water.
- **Don't let the faucet run wild.** Turn off the sink while brushing your teeth, washing your face, etc.

TRANSPORTATION

- **Bike or walk when possible.**
- **Take public transportation.** St. Olaf provides a shuttle service that runs every day of the week and stops at various locations downtown. [Here](#) is a link to the schedule.
- **Carpool if you can.** Whether you're the one with the car or the one in need of a ride, join the email alias inedaride@stolaf.edu to organize ride shares!

ECO-FRIENDLY LOCAL SHOPS

Food

- **Just Food Co-Op:** 516 Water St S
- **Riverwalk Farmer's Market:** Town Square

Clothing

- **Bearded Mermaid:** 309 Division St S
- **Used a Bit shop:** 309 Division St S
- **Thrifty Parrot:** 624 Water St S

Coffee

- **Goodbye Blue Monday:** 319 Division St S
 - Lets you bring your own mug!
- **Little Joy:** 300 Division St S
 - Lets you bring your own mug too!

Thank you for caring!
Every small action counts.

To learn more about campus sustainability, visit
<https://wp.stolaf.edu/sustainability/>

