

## RESOURCE LIST

### Exploring Peru: Land of the Inca

Led by Kris Cropsey, Instructor in Romance Languages - Spanish  
April 15–22, 2023

This list was compiled in the hopes that you would find it useful in preparing yourself for departure or in continuing the learning experience after you return home.

### Guide Books

A guide book will go a long way in answering many of your general questions about what things to do and where to eat during your free time. It will also typically provide a few words and phrases, sometimes a tip on pronunciation, and other useful things such as tipping guidelines, how best to obtain money, and maps.

Keep in mind that your faculty leader will not know the cities like the back of their hand. They are present to help influence the group experience and contribute to the educational theme, not to be an expert on tourism in each location. Thus, we recommend bringing a guidebook to help you make decisions about your free time. You can find all the standards, such as *DK Eyewitness Guides*, *Fodor's*, *Frommer's*, *Insight Guides*, *Lonely Planet*, *Rick Steves*, and *Rough Guides*, online or at a bookstore.

### General

*The Happy Traveler: Unpacking the Secrets of Better Vacations*, by Jaime Kurtz

A psychology professor applies research on happiness and decision-making to enhance the experience of travel.

*Travel as a Political Act*, by Rick Steves

I've been sharing this same idea with travelers for years, captured here in the summary on amazon.com: "By sharing his experiences from Europe, Central America, Asia, and the Middle East, Rick shows how we can learn more about own country by viewing it from afar."

Two articles, each about a 3–4 minute read:

"What is Cultural Appreciation (And How It's Different From Cultural Appropriation)?"

<https://preemptivelove.org/blog/what-is-cultural-appreciation/>

"The Difference Between Cultural Appropriation and Cultural Appreciation"

<https://passionpassport.com/cultural-appropriation-appreciation/>

~ Heidi Quiram P '21, Director of Alumni & Family Travel

The following list was prepared by your faculty leader, Kris Cropsey.

### Best overall picks

*Turn Right at Machu Picchu: Rediscovering the Lost City One Step at a Time* by Mark Adams

*Exploring Cusco (6<sup>th</sup> edition)* by Peter Frost

*The Peru reader* by Orin Starn, Carlos Iván Degregori, Robin Kirk

*The Lima Reader* by Carlos Aguirre and Charles F. Walker, editors

### **Fiction**

*Death in the Andes* by Mario Vargas Llosa

*Conversation in the Cathedral* by Mario Vargas Llosa

### **Poetry**

*The heights of Machu Picchu* by Pablo Neruda

### **For the history buff**

*Lost City of the Incas* by Hiram Bingham

*The last days of the Incas* by Kim MacQuarrie

### **Films**

*The Motorcycle Diaries*

*The Ghosts of Machu Picchu*, A PBS documentary

*When two worlds collide*, 2016 documentary

### **Travel books**

*The white rock* by Hugh Thomson

### **Machu Picchu in the news:**

<https://www.npr.org/2022/03/27/1089088061/machu-picchu-huayna-wrong-name>

<https://www.nytimes.com/2022/04/06/world/americas/machu-picchu-real-name-peru.html>

<https://mymodernmet.com/machu-picchu-porter-visit-susan-portnoy/>

<https://www.smithsonianmag.com/smart-news/radiocarbon-dating-reveals-machu-picchu-older-previously-thought-180978360/>

### **New Discoveries at Machu Picchu**

<https://www.france24.com/en/tv-shows/focus/20220921-the-mystery-of-machu-picchu-archaeologists-uncover-new-secrets-of-peru-s-inca-site>