



# **Easy Walking in Italy and Slovenia**

**August 27 – September 3, 2023**



<b>DAILY ITINERARY .....</b>	<b>1</b>
<b>TRIP ACCOMMODATIONS .....</b>	<b>3</b>
<b>ARRIVAL &amp; DEPARTURE .....</b>	<b>4</b>
<b>ARRIVAL .....</b>	<b>4</b>
<b>MEETING TIME AND LOCATION .....</b>	<b>4</b>
<b>ARRIVING LATE TO THE TRIP? .....</b>	<b>4</b>
<b>CONCLUSION OF THE TRIP .....</b>	<b>4</b>
<b>PACKING .....</b>	<b>5</b>
<b>LOST LUGGAGE .....</b>	<b>5</b>
<b>SECURITY .....</b>	<b>5</b>
<b>DURING YOUR TRIP .....</b>	<b>5</b>
<b>TOUR LEADERS &amp; GUIDES .....</b>	<b>5</b>
<b>TOUR LEADERS CONTACT INFO .....</b>	<b>6</b>
<b>GRATUITIES .....</b>	<b>6</b>
<b>DESTINATION DETAILS .....</b>	<b>6</b>
<b>WEATHER .....</b>	<b>6</b>
<b>CURRENCY AND CREDIT CARDS .....</b>	<b>7</b>
<b>ELECTRICITY .....</b>	<b>7</b>
<b>PHONE FACTS .....</b>	<b>7</b>
<b>INTERNATIONAL DIALING .....</b>	<b>7</b>
<b>TRAVEL DOCUMENTS .....</b>	<b>8</b>
<b>TRAVEL RESTRICTIONS .....</b>	<b>8</b>
<b>ITINERARY CHANGES .....</b>	<b>8</b>
<b>ELECTRONICS &amp; OTHER VALUABLES .....</b>	<b>8</b>
<b>LIABILITY DISCLAIMER .....</b>	<b>9</b>
<b>SUGGESTED PACKING LIST .....</b>	<b>10</b>

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## DAILY ITINERARY

# DAY 1

Sunday August 27, 2023

Our Italian adventure starts today in Belluno, our home base for the first part of our adventure. Located in the Italian Regione of the Veneto, Belluno is a picturesque town on the southern edge of the Italian Alps.

You should plan to arrive in Belluno by midday at the latest. Tonight, we'll have our orientation meeting, (of course with local wines), and afterwards we'll walk to one of our favorite spots for our welcome dinner. There is an amazing variety of food in this region, probably owing to the amazing variety of landscapes to be found! From alpine mountains and valleys to fertile plains, from lush vineyards producing legendary wines to the Adriatic coast with its infinite variety of seafood, the Veneto region is rich in culinary abundance! So, while we're exploring the countryside, villages and towns, we'll be sure to explore the wonderful cuisine as well. And as there's no point in waiting, we'll start tonight at our orientation dinner with an excellent meal of local dishes! An after-dinner passeggiata in the town piazza will cap off your first day in the far north of Italia.

*Belluno, Italy – Hotel Delle Alpi*

*Meals: D*

# DAY 2

Monday August 28, 2023

This morning we'll meet our local guide and have a fascinating walk in the mountains to the Rifugio Fuciade. The landscape changes dramatically here

as we walk through an alpine forest to beautiful green pastures surrounded by the Dolomites craggy peaks. Here we'll enjoy a light meal before continuing on the trail to marvel at the spectacular mountain vistas.

This afternoon will find us at the 200-year-old kitchen of La Stanga farm, where we'll see what the chef is preparing today and taste the specialty of the day. And of course, we'll taste their excellent wines, cheeses and salami as well!

*Belluno, Italy – Hotel Delle Alpi*

*Meals: B, L*

# DAY 3

Tuesday August 29, 2023

Today we'll walk through the pastures and into the mountains and you'll get to meet a local herbologist and have a tour of her incredible mountain herb and flower gardens. Afterwards you'll enjoy a unique lunch prepared with her own produce. Later we'll have an easy walk to La Latteria, a dairy farm that's been in operation for generations. Here we'll see how cheese is made, still using techniques handed down through the centuries. Of course, we have a chance to enjoy the cheeses, washed down with an abundance of their local vintages!

*Belluno, Italy – Hotel Delle Alpi*

*Meals: B, L*

# DAY 4

Wednesday August 30, 2023

This morning we'll journey eastwards across the rolling hills of Italy's Friuli region, crossing the border into western Slovenia. Almost immediately you'll find yourself in the picturesque Slovenian wine country, with more vineyards than almost any other European wine region. We'll enjoy a tour and tasting at one of the typical family-run vineyards that dot the rolling hills of the area, where they will proudly introduce you to their Slovenian wines. This afternoon we'll make our way deeper into Slovenia, eventually arriving at the capital of Ljubljana, our home for the next two days. Ljubljana, one of the most interesting cities of Europe, has a rich history of many different conquerors. Originally settled around 2000 BC, the town was occupied by tribesman, then Romans, then Huns, then Lombards, then Franks, and finally the Slovenes. Each civilization left their mark on the city and their contribution to the culture. Tonight, your guide will take you to one of Slovenia's top-rated restaurants for a memorable meal of Slovenian specialties.

*Ljubljana, Slovenia – Hotel Lev*  
*Meals: B, L, D*

# DAY 5

Thursday August 31, 2023

After breakfast we'll meet our local guide for a fascinating walking tour of the city to explore the fabulous food and wine heritage of Ljubljana as you stroll its lively streets. With frequent stops into bars and restaurants only the locals know, your guide will introduce you to the wonderful culinary specialties of Ljubljana, washed down with

excellent but unknown locally produced wines. This afternoon you'll have plenty of free time to shop and get lost on your own in Ljubljana. Tonight, your guide will take you to one of his favorite local restaurants, known for their expertise at Slovenian dishes.

*Ljubljana, Slovenia – Hotel Lev*  
*Meals: B, L*

# DAY 6

Friday September 1, 2023

Today we explore an intriguing but little-known area of Slovenia. Using ski lifts, our Slovenian guide will take us to the Velika Planina, a picturesque high plateau with views that will astound you. Here we'll find a shepherd's village, where you can observe daily life as it has been for hundreds of years. Later we'll have an easy downhill walk through forest and meadows to the small village of Zgornje Palovce. Tonight, we will check into our Slovenian hotel in the small village of Radovljica and explore the town.

*Radovljica, Slovenia – Hotel Lev OR Hotel Linhart*  
*Meals: B, L, D*

# DAY 7

Saturday September 2, 2023

Our private coach will take us on a short, scenic drive today to reach Lake Bohinj. This little-known lake is overshadowed by the more-famous Lake Bled, but Slovenians know that Bohinj is unmatched as one of the most picturesque and romantic lake in all of Europe. Of course, the best way to enjoy the views of Bohinj is to walk around it, and then sit down to a picnic lunch...with a view!

Tonight, we have a very special farewell dinner planned at a charming spot overlooking Lake Bled.

*Radovljica, Slovenia – Hotel Lev OR Hotel Linhart  
Meals: B, L, D*

## DAY 8

Sunday September 3, 2023

After breakfast, your Go Get Lost tour comes to a close. You will have a private group transfer to the airport in Ljubljana. Please check with the Go Get Lost office before booking any departure flights.

*Meals: B*

### KEEPING YOU UP TO DATE

We are always seeking opportunities to enhance this itinerary. We'll be certain to notify you of any important changes prior to departure; other changes may be communicated during your trip by your leaders.

### TRIP ACCOMMODATIONS

Our accommodations for this itinerary have been carefully chosen to bring you an authentic European experience that melds the best of old-world charm and modern comfort based on a combination of amenities, character and location.

Because the properties we stay in are often centuries-old buildings that have been renovated and turned into hotels, it is common for the rooms

to vary in size and style. If you request a double bed, please keep in mind that European double beds are often two twin beds adjacent to each other.

#### BELLUNO, ITALY

Hotel Delle Alpi  
Via Jacopo Tasso, 13, 32100 Belluno BL, Italy  
+39 0437 940545

<http://www.dellealpi.it/>

#### LJUBLJANA, SLOVENIA

Hotel Lev  
Vošnjakova ulica 1, 1000 Ljubljana, Slovenia  
+386 130 87000

<https://www.union-hotels.eu/en/hotel-lev/>

#### RADOVLJICA, SLOVENIA

Hotel Lectar  
Linhartov trg 2, 4240 Radovljica, Slovenia  
+386 838 43470

[http://www.lectar.com/en/penzion\\_sobe.html](http://www.lectar.com/en/penzion_sobe.html)

OR

#### RADOVLJICA, SLOVENIA

Hotel Linhart  
Linhartov trg 17, 4240 Radovljica, Slovenia  
+386 453 74800

<https://www.hisalinhart.si/en/>

## ARRIVAL & DEPARTURE

### ARRIVAL

Our tour begins in the city of Belluno, Italy on Sunday August 27th, 2023 in the afternoon. However, the most convenient and cost-effective way to get to Belluno is to fly into Venice, Italy (VCE). Keep in mind, when booking your flight from the United States to Italy, nearly all flights are overnight flights, arriving the next day. You'll want a flight that departs no later than August 26th, 2023.

One option to consider with regards to your arrival, is to arrive a day early, this would give you a day in Venice or Treviso before catching the train to Belluno. You'll have the opportunity to get over your jet lag, ease the duration of your journey, and spend an extra day in Italy!

After arriving in Venice, you'll take the train from the Venice Mestre Station to Belluno. There are trains departing for Belluno every hour or so, with a cost between €10 and €20. The train ride takes approximately 2-3 hours, depending on the train. Be aware, that most itineraries will require a change of trains in Treviso, Italy.

Once you arrive at the train station in Belluno, the Hotel Delle Alpi is only about 4 blocks from the train station, making for an easy walk. If necessary, you could also grab a taxi at the train station.

### MEETING TIME AND LOCATION

This tour starts in Belluno, our home base for the first part of our adventure. You should plan to arrive in Belluno by midday at the latest. We will have our orientation meeting in the evening around 6 pm, (the exact time and location will be posted at the front desk) and afterwards we'll walk

to one of our favorite spots for our welcome dinner.

### ARRIVING LATE TO THE TRIP?

If you have a delay or emergency on the day your trip starts, and you are still in the United States, please notify the Go Get Lost. If you are in Europe you can call the local office or local Tour Leader. Please refer to the Tour Leaders Contact Info Section.

### CONCLUSION OF THE TRIP

Although it's not something we look forward to, we do have to come back sooner or later. The tour ends in the small village of Radovljica on the morning of Sunday September 3rd, 2023. However, you'll want to get your flight back to the United States departing out of the airport in Ljubljana, Slovenia (LJU). Go Get Lost will provide a group transfer from Radovljica to the airport in Ljubljana, about a 20-minute ride.

### TRAVEL INSURANCE

When you deposited on this trip you were emailed an insurance quote from Travel Guard. You should book your trip insurance within 14 days of receiving this email. If you don't book by the deadline, you still can get your insurance but you won't receive the pre-existing medical condition "extra benefit". After your initial insurance purchase, if you add any additional items to your trip (airfare, extra days before or after the trip, trip extension tours, etc.) then you need to add the cost of those items to your policy and modify the dates of your travel for the entire pre-existing medical conditions "extra benefit" to be valid. This "updating" also must be done within 14 days of each additional trip purchase to receive the pre-existing medical conditions benefit. Modifying

your policy is a simple thing to do...simply go to [www.travelguard.com](http://www.travelguard.com). At the top of the main page, click **Help Center**. Then look at the right side of the page under **Policy and Coverage Tools** and click **Modify Your Policy**. Enter your policy number (from your Travelguard email) and then you can easily change any aspect of your trip insurance policy. Takes about two minutes.

In these uncertain times trip insurance can be a great way to protect your investment, and also to help with unforeseen expenses before or during a trip. **However, you need to take the time to understand your travel insurance and be familiar with what it covers and what it doesn't.** Keep in mind that if a trip is cancelled by a tour operator, travel insurance companies generally don't refund your premium, but instead issue a voucher to be used to purchase travel insurance for a future trip.

Remember, if you are hospitalized during your trip, most insurance companies require you to notify them as soon as possible.

## PACKING

Always double check with your airline for restrictions, but for this trip packing light is the way to go! On this trip, we recommend no more than one medium-sized suitcase (we recommend 25" – 28", preferably not hard case) with wheels and one small carry-on bag. Traveling with a backpack or wheeling your bag is much easier than struggling to carry everything in your hands. A backpack makes a great carry-on or "personal item" as you'll need a backpack on this trip anyway. Also, be sure to mark your luggage with your contact information.

## LOST LUGGAGE

On any flight, there is the possibility of lost luggage. Go Get Lost believes that it's a great idea to take a small carry-on bag with enough clothing and

supplies to last a day or two. Also be sure to bring with you any personal gear you deem indispensable on the trip. This way, in the event of lost luggage you won't have to spend time replacing essential items and miss activities while you wait for your bags to catch up. Please note that Go Get Lost does not assume responsibility for any luggage lost or damaged during your trip.

## SECURITY

When traveling, there is always a possibility of theft. While you're enjoying the sights, remember to stay alert and always be aware of your immediate surroundings, especially in crowded locations and tourist areas. The best rule of thumb is to carry only the cash you need for the day, along with a copy of your passport, on your person and leave the rest in a locked safe in your room. If no safe is available, it's a good idea to keep your cash and passport in a money belt worn under your clothes. For more safety tips, refer to the Country Specific Information page on the US State Department's website at [travel.state.gov](http://travel.state.gov).

## **DURING YOUR TRIP**

### TOUR LEADERS & GUIDES

Each of your Tours Leaders and Guides plays many roles during your vacation: guide, host, caretaker, historian, troubleshooter, and interpreter. These remarkable individuals have highly developed instincts for making people comfortable, for seamlessly handling the logistics of travel and for successfully navigating a wide range of unexpected situations. They're passionately committed to ensuring you enjoy an exceptional vacation—smooth, flexible and tailored to your needs. We look forward to having you meet them.



## TOUR LEADERS CONTACT INFO

During your travels, you can reach your Tour Leaders using the following contact information.

### **STEVE FAFOGLIA**

Go Get Lost Tour Leader  
217-652-2987 (US)  
001-217-652-2987 (Outside the US)

### **RAIKA FAGHERAZZI**

Go Get Lost Tour Leader  
+39 0437 949282 (Outside Italy)

### **Go Get Lost USA Office**

Office 9 am – 5 pm CST: 1-217-953-0833  
Toll Free: 1-888-522-LOST (5678)  
International: +1-217-953-0833  
[info@gogetlost.com](mailto:info@gogetlost.com)

## GRATUITIES

Gratuities for most services during your trip are included in the price, (except for your primary local tour guide). Of course, if at any time you experience incredible service you're always welcome to show your appreciation with an additional tip.

During the tour you'll have a local full-time Tour Leader/Guide, Raika Fagherazzi, who will be with you for the entire tour. Her gratuity is **not** included in your tour price. Our tipping guideline for full-time local Tour Leaders would be €8-€15 per person, per day.

From time to time they will be assisted by local guides, and their tip **is** included. Tips are also included for waiters at all group meals, and all

coach drivers. The only tip you will be responsible for is the primary local tour guides.

Tipping your tour leader is generally done at the end of the tour, and please tip in the local currency, which in this case is Euro. USD is better than nothing, but creates several problems for the guides with exchanging it, forms to be filled out, etc. Tips with credit cards are not possible.

On this tour you will also be joined by owners of Go Get Lost, Steve and Joan Fafoglia. Please no need to tip them.

When traveling on your own in Italy/Slovenia, keep in mind that although most restaurants and cafés add a 15 percent service charge to the bill, it is customary to tip the waiter an additional 5–10 percent, depending on the service and the quality of the meal. Plan on tipping your taxi driver 5–10 percent as well.

These are only our guidelines and recommendations; you should always feel free to tip what you feel comfortable with based on the level of service you received.

## **DESTINATION DETAILS**

### WEATHER

During this time of the year, the average daytime temperatures in Slovenia range from around 20 to 25 degrees Celsius (68 to 77 degrees Fahrenheit).

Late August and early September in Slovenia often see a good amount of sunshine, with clear or partly cloudy skies prevailing. It's common to have long, sunny days with plenty of daylight. Rainfall is generally moderate, but it's always a good idea to be prepared for occasional showers or thunderstorms, as weather conditions can vary.

Overall, late August and early September in Slovenia offers generally pleasant and mild weather, making it a favorable time for outdoor activities and exploring the country's natural beauty.

Of course warm or cold fronts can alter this, so be prepared to be flexible.

## CURRENCY AND CREDIT

### CARDS

Don't forget to call your credit card company and let them know that you'll be traveling to Italy and Slovenia. As you know, Euros are the currency in Italy and Slovenia, and can usually be purchased at your local bank before the tour if you want. The best way to access cash is to use ATMs. Before you leave home, it's a good idea to verify with your bank that your card will work overseas and inquire whether or not your financial institution has a local partner bank that will waive ATM fees. Most international ATM keyboards have only numbers, so if your PIN contains letters, make note of the corresponding numbers. Additionally, most international ATMs only accept four-character PINs, so if yours is longer, arrange to have it changed before your trip.

### ELECTRICITY

Europe's electricity runs on a 220-volt, 50- to 60-cycle current. A plug adapter is necessary if you plan to bring appliances from home. You may also need a converter, but many newer appliances, such as computers and digital devices, are designed to work/charge over a wide range of voltage levels.

Check the manufacturer's label on the back of your appliances to see what level of input they can handle. Converter/adapter kits can be purchased at travel, hardware or electronics stores for \$40–\$60;

an adapter alone costs about \$4. US hair dryers and curling irons will often burn up, regardless of pin adapters or converters.

## PHONE FACTS

Many US cell phones can operate internationally. Check with your service provider before leaving home for information about international calling and data plans, and on making and receiving international calls. If your cell phone is unlocked and operates using a SIM card, you may want to consider purchasing a SIM card from a local cell phone company. These should be readily available at airports and convenience stores, and typically come loaded with prepaid credit that can be used for domestic and international calls and data service. Rates will vary.

## INTERNATIONAL DIALING

The international phone numbers in this Travel Planner are listed using the following format:

- Italy: +39 ### ####
- Slovenia: +386 ### ####

39 is Italy's country code (386 for Slovenia), followed by an area code and local number. The number of digits in the area code and local number may vary.

To place an international call, dial + or the international access code of the country from which you're calling (e.g. 011 from the US) – country code - area code - local number.

To place an international call from Europe, dial + or 00 (international access code) - country code of the country to which you're calling (e.g. 1 for the US) -

area code - local number. For example, to call the US, dial 00 - 1 - area code - local number.

To place a call within Italy or Slovenia, drop the country code and dial area code - local number. The area code is always used when placing calls within Italy.

## TRAVEL DOCUMENTS

A valid passport is required for travel to Italy and Slovenia. A visa is not required for US citizens, provided you are staying in the region less than 90 days.

Note that some countries require your passport to be valid for a specified amount of time beyond your departure date (up to 6 months). Be sure to check the expiration date and physical condition of your passport and verify the travel document requirements with the consulates of the countries you are planning to visit during your trip.

The best way to ensure you have the most current information on entry requirements is by contacting the Embassy of Italy. You may also find helpful information on the US State Department's website: [travel.state.gov](http://travel.state.gov).

**IMPORTANT:** Each time you renew your passport, you are issued a new passport number. Depending on the trip, some of our service providers (like hotels or airlines) may require current passport information for each guest, so if you renew your passport after booking your trip, please make sure to update us with the new information prior to your departure date.

We recommend that you make two photocopies of your airline ticket/e-ticket confirmation and your passport. Leave one set of copies at home with a

friend or relative, and bring one set with you, keeping it separate from the original document.

## TRAVEL RESTRICTIONS

If you become ill during your trip and need to leave the tour or are prevented from boarding your flight, any quarantine arrangements and costs are your responsibility. Please be aware of what your travel insurance covers and doesn't cover with regards to these issues. Travel insurance rules are also changing to adapt to the situation, so it's important to understand the coverage and limitations of your particular policy.

**Ultimately, you are responsible to be aware of, and be in compliance with, all government restrictions, quarantine rules and documentation requirements for the countries you are visiting on your trip.**

**Normally your departure airline is a good resource for this as it is their responsibility to ensure that their passengers have the necessary documentation for the flight.**

## ITINERARY CHANGES

If unforeseen circumstances require a change in the trip itinerary, Go Get Lost will make every effort to select alternative accommodations and activities of the same quality and to keep the activity modifications minimal.

## ELECTRONICS & OTHER VALUABLES

It is best to leave valuables at home. If you must bring valuables on the trip, please understand that they are your responsibility. You may choose to lock them in your room's safe, if one is available to you. If you're concerned about forgetting items in the safe (easy to do!), a good trick is to leave

something on top of it that you can't forget, such as a single shoe.

## **LIABILITY DISCLAIMER**

Go Get Lost, LLC acts only as an agent for the various independent suppliers that provide hotel accommodations, transportation, sightseeing, activities, or other services connected with this tour. Such services are subject to the terms and conditions of those suppliers. Go Get Lost, LLC and their respective employees, agents, representatives, and assigns accept no liability whatsoever for any injury, damage, loss, accident, delay, or any other incident which may be caused by the negligence, defect, default of any company or person in performing these services.

Responsibility is not accepted for losses, injury, damages or expenses of any kind due to sickness, weather, strikes, hostilities, wars, terrorist acts, acts of nature, local laws or other such causes. All services and accommodations are subject to the laws and regulations of the country in which they are provided. Go Get Lost, LLC is not responsible for any baggage or personal effects of any individual participating in the tours / trips arranged by Go Get Lost, LLC. Individual travelers are responsible for purchasing a travel insurance policy, if desired, that will cover some of the expenses associated with the loss of luggage or personal effects.

## SUGGESTED PACKING LIST

### For Spring, Summer and Fall trips to the Italian Alps and Slovenia, we recommend:

Casual, comfortable and layering are watchwords for day wear. Synthetic fabrics are easier to pack than cotton or other materials and dry faster after washing. Evening dress is influenced by the formality of your choice of restaurant. **PACK LIGHT...here's a phrase we never hear..."Gee, I wish I would have brought more stuff!"**

- 2 pairs of comfortable long pants, suitable for walking. Avoid blue jeans and cotton or linen. Synthetic hiking pants are much easier to wash and dry. Convertible pants with zip-off legs are ideal.
- 1 or 2 pairs of shorts (spring and fall: 1 pair, summer: 2 pairs) Convertible zip-off pants can do double-duty and cover both of these.
- 4 comfortable walking shirts (2 long and 2 short-sleeved)
- 1-2 sets of "casual" dress clothes for dinners
- 1 pair of sturdy, comfortable, lightweight, waterproof walking shoes or boots
- 1 pair of casual shoes to wear in the towns
- Comfortable walking socks, underwear and sleepwear
- If you want to take a dip in the spectacular (but brisk) alpine lakes, be sure to bring a swim suit
- Lightweight rain gear
- Fleece jacket or windbreaker style jacket
- Compact traveling umbrella (optional)
- The alpine weather can occasionally be brisk, especially on mountain walks in the Dolomites. It would be wise to have a light knit hat and gloves
- Sunhat or cap
- Sunblock
- Sunglasses
- Small daypack. You'll want a model with padded waistbands and a chest strap. When hiking in mountainous Alpine regions the key to comfort is to monitor your thermal requirements. This means you will layer your clothing and add/remove layers as needed. You'll need the daypack for whatever you're not currently wearing.
- A couple of Ziploc-type plastic bags are handy for hauling snacks, fruit, etc in your backpack.
- Users of contact lenses or glasses should bring a spare pair "just in case"
- We highly recommend a pair of collapsible trekking poles! These will need to be packed in your checked bag
- Passport, and a photocopy of your passport in a different bag
- Credit cards, with PIN numbers, (be sure to call your credit card company and inform them of your travel plans and dates)
- Personal Stuff (Shampoo, razor, etc)
- Prescription medications
- Camera, smartphone, ipad or computer
- Chargers and electrical adapters for your computer, tablet, etc. Italy and Slovenia use 230 volts at 50 Hertz. Make sure your

appliances accept universal voltage, almost all do. If yours doesn't, you'll need a voltage converter. (Heavy!) WARNING: Even with a voltage converter your hairdryer will most likely burn out. Nearly all hotels have hair dryers, though, or you can purchase one after you arrive.

- If your appliances are universal, then you'll only need to convert the plug. Get an adapter that can plug into a Type F receptacle with 2 round pins, like this:

