

Program at a Glance:

The St. Olaf TRIO Upward Bound (UB) program has been funded since 1989. St. Olaf TRIO Upward Bound currently serves 148 students from St. Paul Public Schools, including Central High School, Creative Arts Secondary, Humboldt High School, Highland Park High School and Open World Learning Community.

Students typically join UB during their 9th grade year and remain in the program throughout high school. Services provided to each UB student are: weekly tutoring and academic advising, one-on-one monthly grade meetings, college application and financial aid sessions, college tours, career exploration, parent/guardian involvement services and a six-week residential academic summer component.

Program Staff:

The program currently employs three full-time Academic Advisors, Tendor Norbu, Central class of 2004, Aye Bra Tha, Humboldt class of 2016, and Tzolquin Pinedo, Highland class of 2017. The program also employs an Assistant Director, Nou Yang, Humboldt class of 2008 and the UB Director, Mari Avaloz, Humboldt class of 1996. All staff members are alumni of St. Olaf's Upward Bound program.

Upward Bound Programming for Academic Year 2023-2024:***Upward Bound at Central:***

- Currently serving: 30 students
- Recruiting goals for 2023-2024: 16 students
- Mandatory tutoring: Thursdays
- Optional tutoring: Tuesdays

Upward Bound at Humboldt:

- Currently serving: 28 students
- Recruiting goals for 2023-2024: 16 students
- Mandatory tutoring: Wednesdays
- Optional tutoring: Mondays

Upward Bound at Creative Arts:

- Number of students funded to serve: 14 students
- Recruiting goals for 2023-2024: 3 students
- Mandatory tutoring: Tuesdays
- Optional tutoring: Thursdays

Upward Bound at Open World Learning:

- Number of students funded to serve: 12 students
- Recruiting goals for 2023-2024: 5 students
- Mandatory: Wednesdays
- Optional: Mondays

Upward Bound at Highland Park:

- Number of students funded to serve: 24 students
- Recruiting goals for 2023-2024: 4 students
- Mandatory tutoring: Tuesdays
- Optional tutoring: Wednesdays

Calendar of Events for the 2023-2024 Academic Year:***September:***

First day of tutoring will start September 20th
Student Leadership Council Retreat (10th - 12th graders)
ACT Refresher (12th grade) ACT Practice Test (11th grade)
Recruiting for new students

October:

College Application Day(s) (12th grade)

November:

Fall Mentor Event (10th-12th graders)
Sophomore Insight Day I (10th grade)

December:

FAFSA Night (12th grade)

January:

Holiday Party (9-12th grade)

Study Skills Workshop (9-10th grade) MLK

Day of Service (9-12th grade) **February:**

Sophomore Insight Day II (10th grade)

ACT Prep (11th grade)

SLC Leadership Day (10th - 12th graders)

March:

Career Day (10-11th grade)

April

New Student Orientation

May:

Mentor Event (9-12th grade)

Last month of weekly tutoring

June/July:

Summer program at St. Olaf (9-12th grade)