

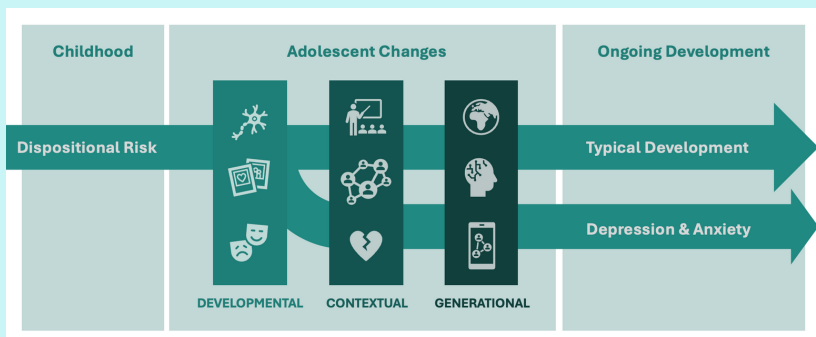
PSYCHOLOGY

A CHANGE WOULD DO
YOU GOOD.....

...OR WOULD IT?

EMOTION DYNAMICS
IN ADOLESCENT
PSYCHOPATHOLOGY

Kirsten McKone
University of Minnesota



Monday, November 3
3:30 PM | RNS 150

Adolescence is a time of rapid change—and rising risk for anxiety and depression. Dynamic emotion processes, or how teens experience and manage emotions daily, can influence this risk. Modern pressures like digital media and climate change may intensify these effects. This talk will explore how these factors shape adolescent mental health and highlight research on risk and resilience.